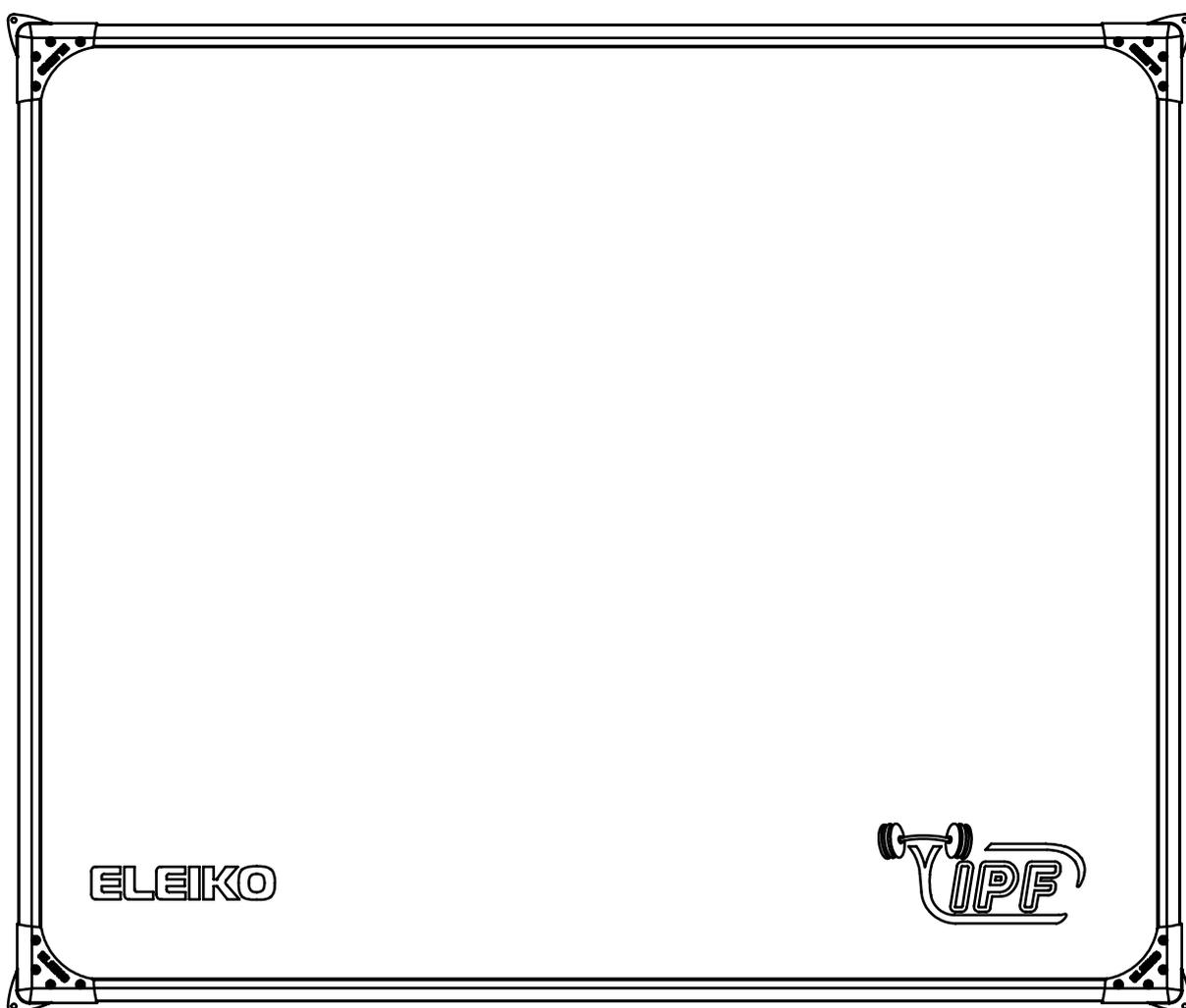


# Eleiko IPF Warm-up/training platform

Art.nr 3085118



**ELEIKO**

# READ BEFORE INSTALLATION AND USE

## CAUTION

The equipment must be installed and used in a place whose access and supervision are specifically controlled by the owner.

Be sure to install the equipment on a stable base and properly level the equipment. ELEIKO recommends that all equipment is secured to floor and installed by a licensed contractor or an ELEIKO-installer.

## SAFETY INSTRUCTIONS

It is the responsibility of the purchaser of ELEIKO products to instruct all users and supervising personnel on proper usage of the equipment.

1. All included warnings (labels) and instructions **MUST** be read before the use of any ELEIKO-equipment. Use each equipment as it is intended for.
2. A user **MUST** get a medical examination and proper instructions before the use of any ELEIKO-equipment.
3. **DO NOT** let anyone, under any circumstances, use equipment that appears to be damaged. Do not try to repair any equipment before consulting an ELEIKO technician.
4. **DO NOT** replace the components of ELEIKO-equipment with other none ELEIKO-equipment (magnetic safety pin, frames, bars), do not improvise. If there are any doubts consult an ELEIKO representative prior to any intervention.
5. **DO NOT** overload the equipment and **DO NOT** try to exceed personal strength levels.
6. Children under the age of 14 must be supervised by an adult.
7. **DO NOT** remove any safety labels from the ELEIKO-equipment. ELEIKO is not responsible if a label is removed. Replace damaged labels immediately.

## PREVENTITIVE MAINTENANCE & INSPECTIONS

### DAILY:

Clean the textile carpet with a proper vacuum cleaner during the day, if needed use a cleaning machine like "clean profi 50.1" (HAKO) (including water, soap and brush).

### REGULARLY:

Clean the surfaces on frames and tubes from dust and dirt.

Check that all bolts between parts, walls, floors are properly tightened, according to recommendations.

## WARRANTY

All products manufactured by ELEIKO are warranted to the original purchaser to be free from defects in workmanship and / or materials under normal use or service as follows: 2 Years (Indoor use only)

Normal wear and tear does not fall under the warranty of two years.

## USAGE DURING COMPETITION

Platform AND wrapping area should be cleaned in the breaks between every discipline. There is plenty of time for loaders to do this.

Platform, Wrapping area AND warm-up area must be cleaned between competition days.

Failure to keep these areas clean will result magnesia and Baby powder unavoidably getting on the soles of other lifters shoes, limiting their grip and thereby hindering their best performance. This is because magnesia and Baby powder is used so liberally during the competition and entire areas are quickly covered if not kept clean.

### How to clean:

During the day a well-functioning vacuum cleaner is sufficient.

For the cleaning between days it is recommended to wet-wipe the floor and vacuum clean.

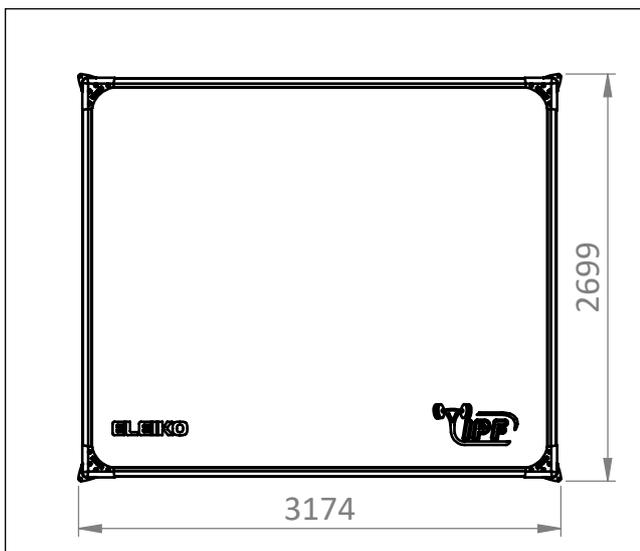
# ELEIKO

# PRODUCT SPECIFICATIONS

*Powerlifting competition platform, indoor use only.*

Product weight	230
Max user weight	200
Max training weight	600
Dimensions (L x W x H)	3174x2699x30 mm

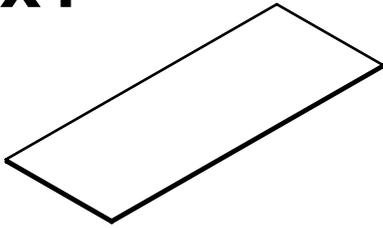
## FOOTPRINT AREA



Add sufficient clearance, not less than 0,6 m, on all sides.

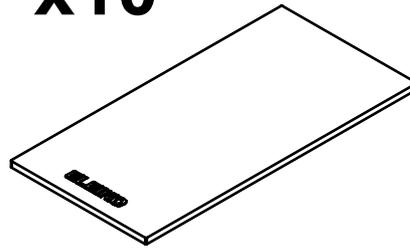
# CONTENTS

**x1**



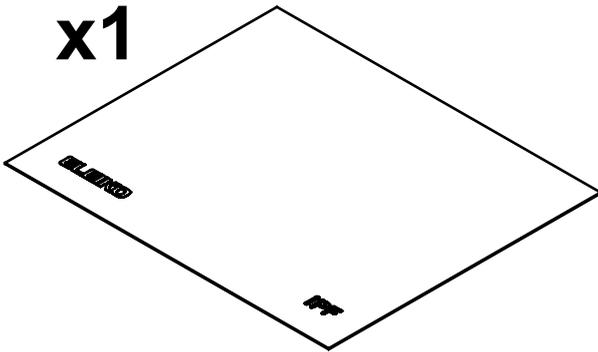
Plywood 984x2520x21  
2000336

**x10**



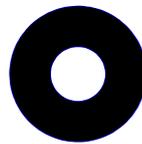
Rubber tile 1008x504x21  
3085158

**x1**



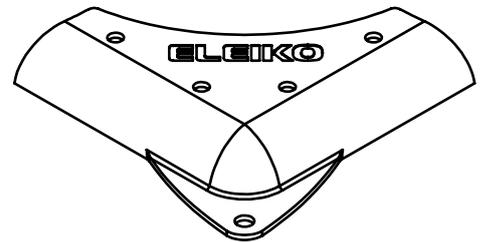
Carpet 2530x3010  
2001891

**x1**



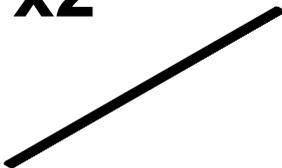
Tape double sided  
3001973

**x4**



Corner for platform 30 mm  
3085217

**x2**



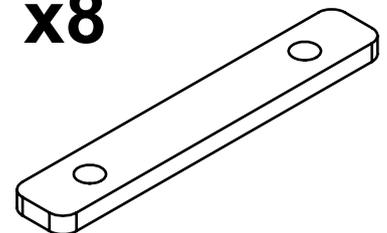
Profile tube 30x60x3 L=2502,5  
2000521 p4

**x2**



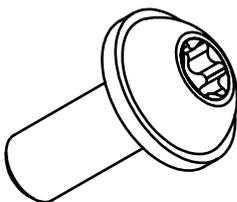
Profile tube 30x60x3 L=2977,5  
3085217

**x8**



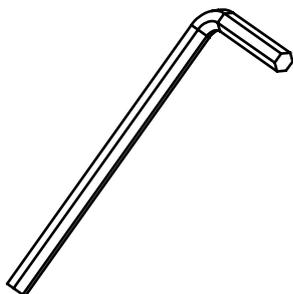
Flat iron 20x6 L=120  
2000520 p5

**x16**



Screw M10x25  
2001124-L25

## REQUIRED TOOLS



Torx key X50

## GENERAL

The table below is general torque to use for different threads. Use these torques, if nothing else is set. Below numbers are for screw/nut of quality 8.8.

THREAD	TORQUE (Nm / ftlb) Quality 8.8
M10	47 / 34,7

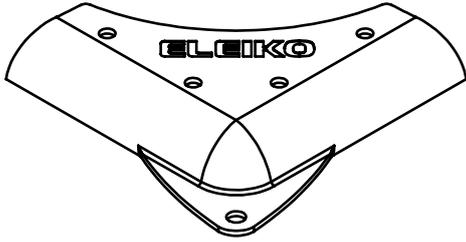
# ASSEMBLY INSTRUCTIONS

**x4**

**x16**

**x8**

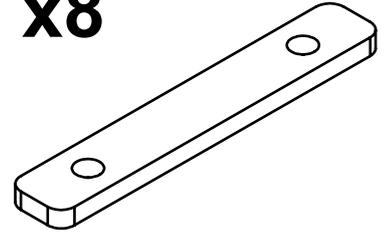
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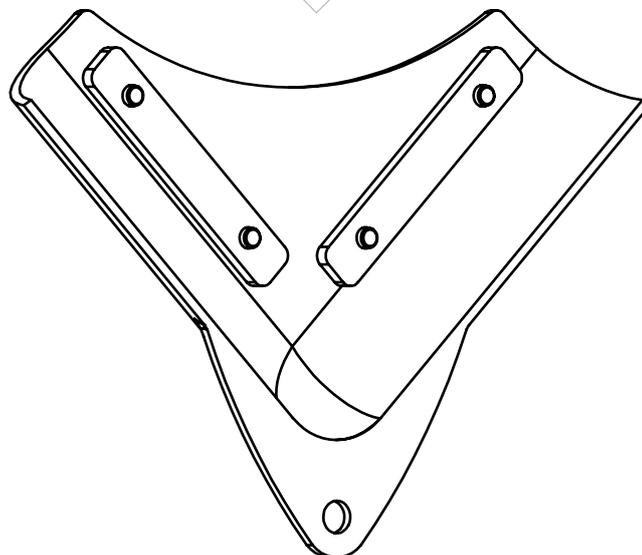
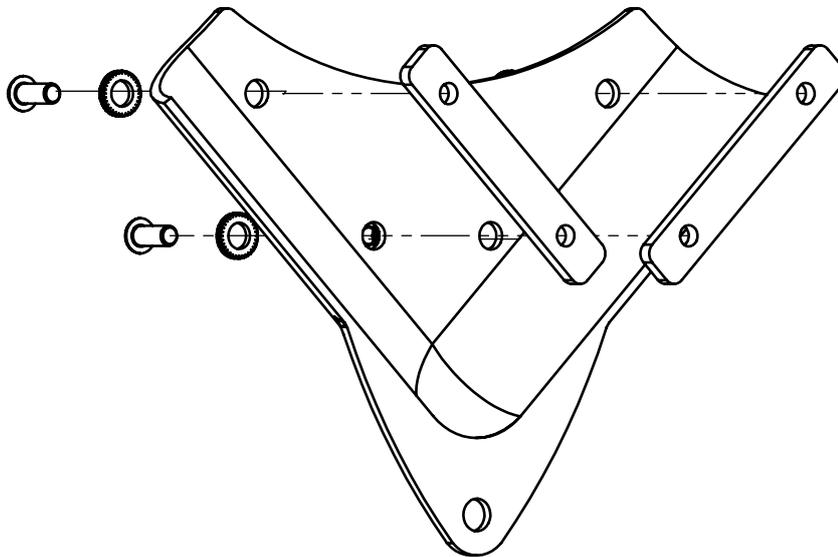
Corner for platform 30 mm  
3085217



Screw M10x25  
2001124-L25



Flat iron 20x6 L=120  
Art: 2000520p5

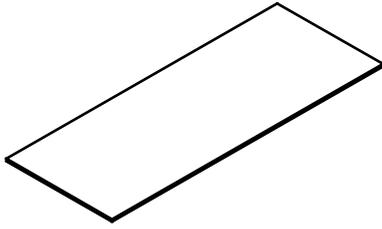


Loose screws

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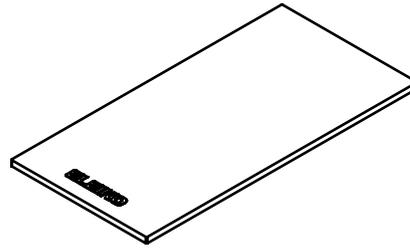
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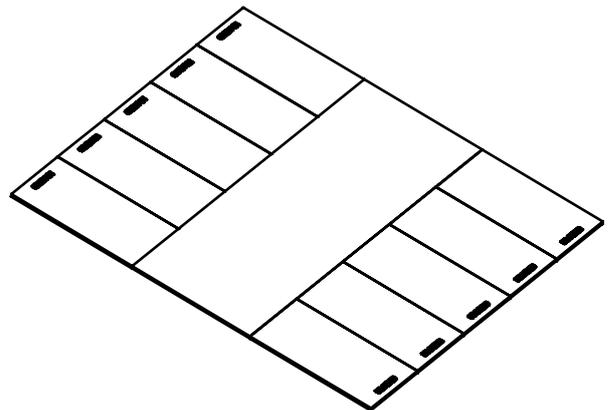
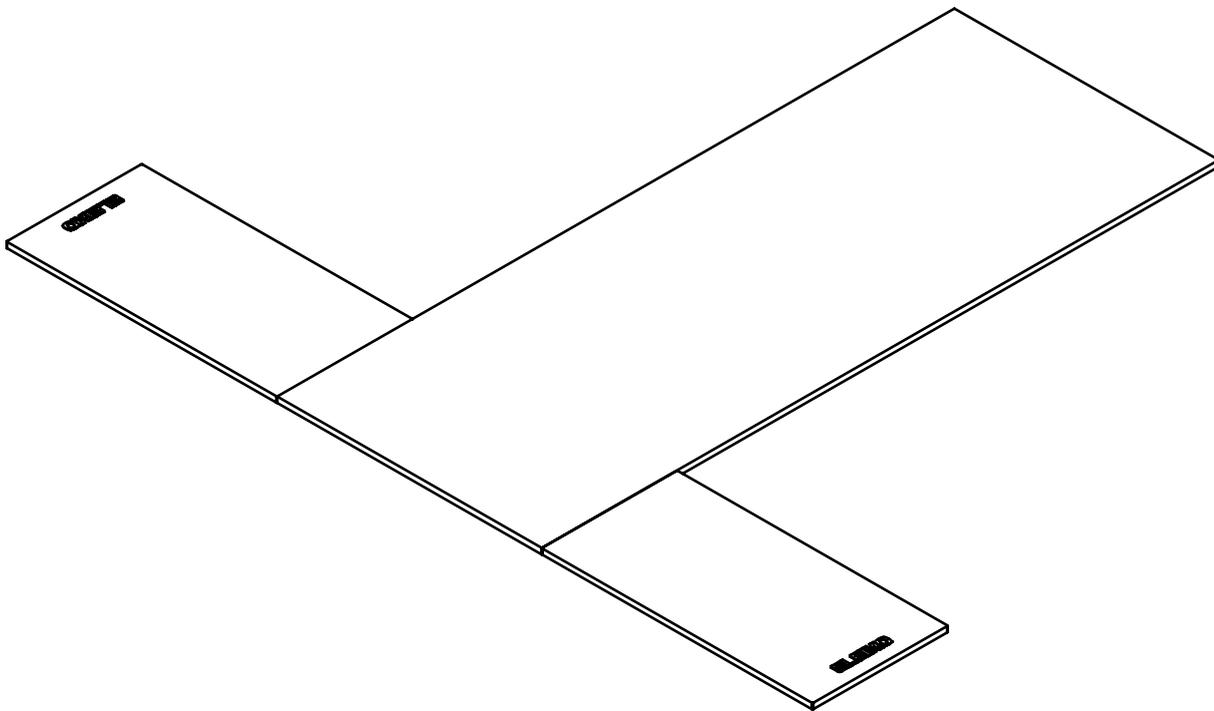


Plywood 984x2520x21  
Art: 3085157

**x10**



Rubber tile 1008x504x21  
Art: 2000336

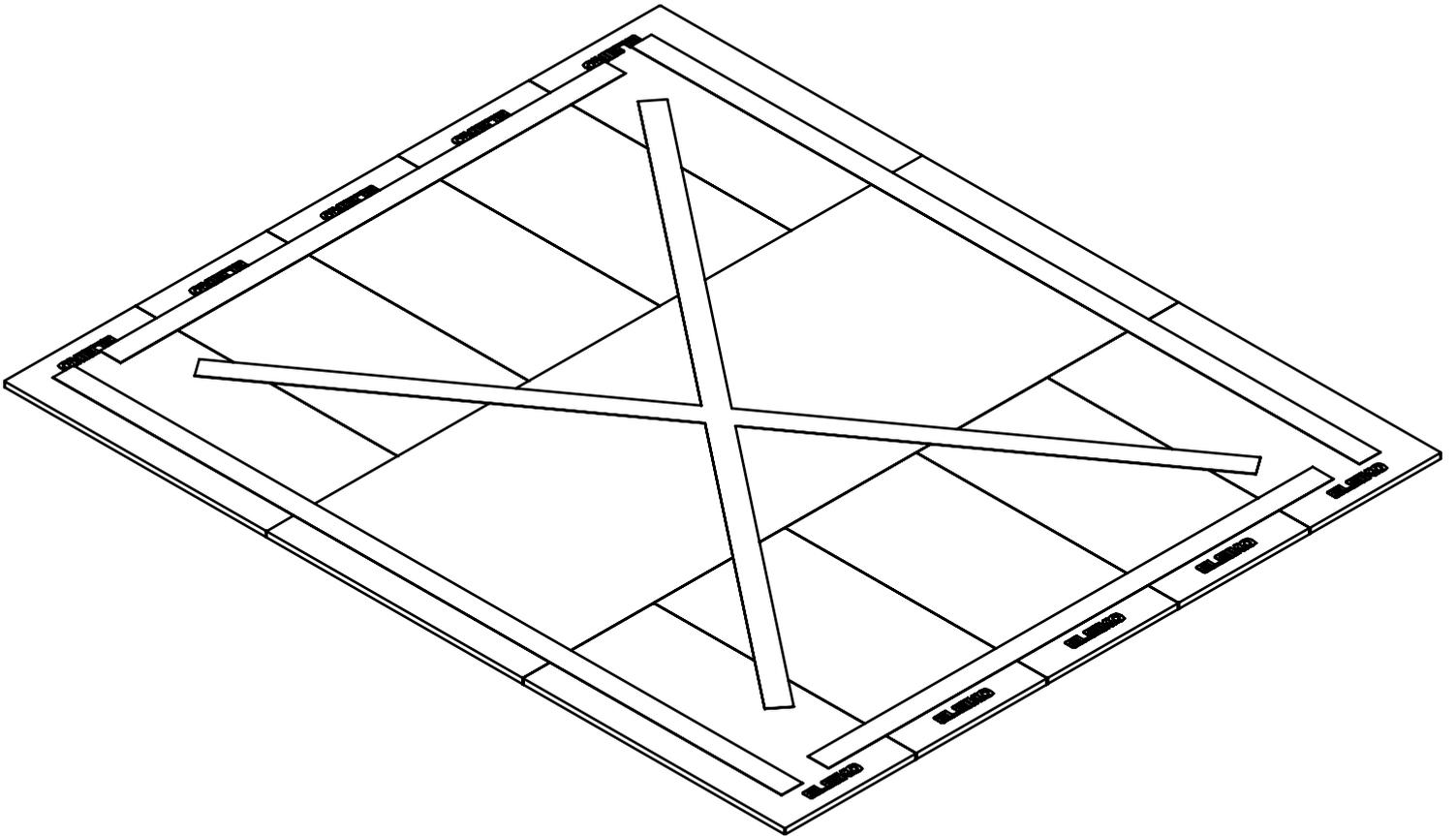


**x1**

**3.**

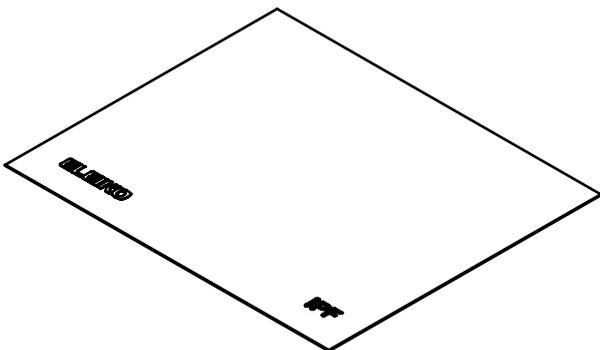


Tape double sided  
Art: 3001973

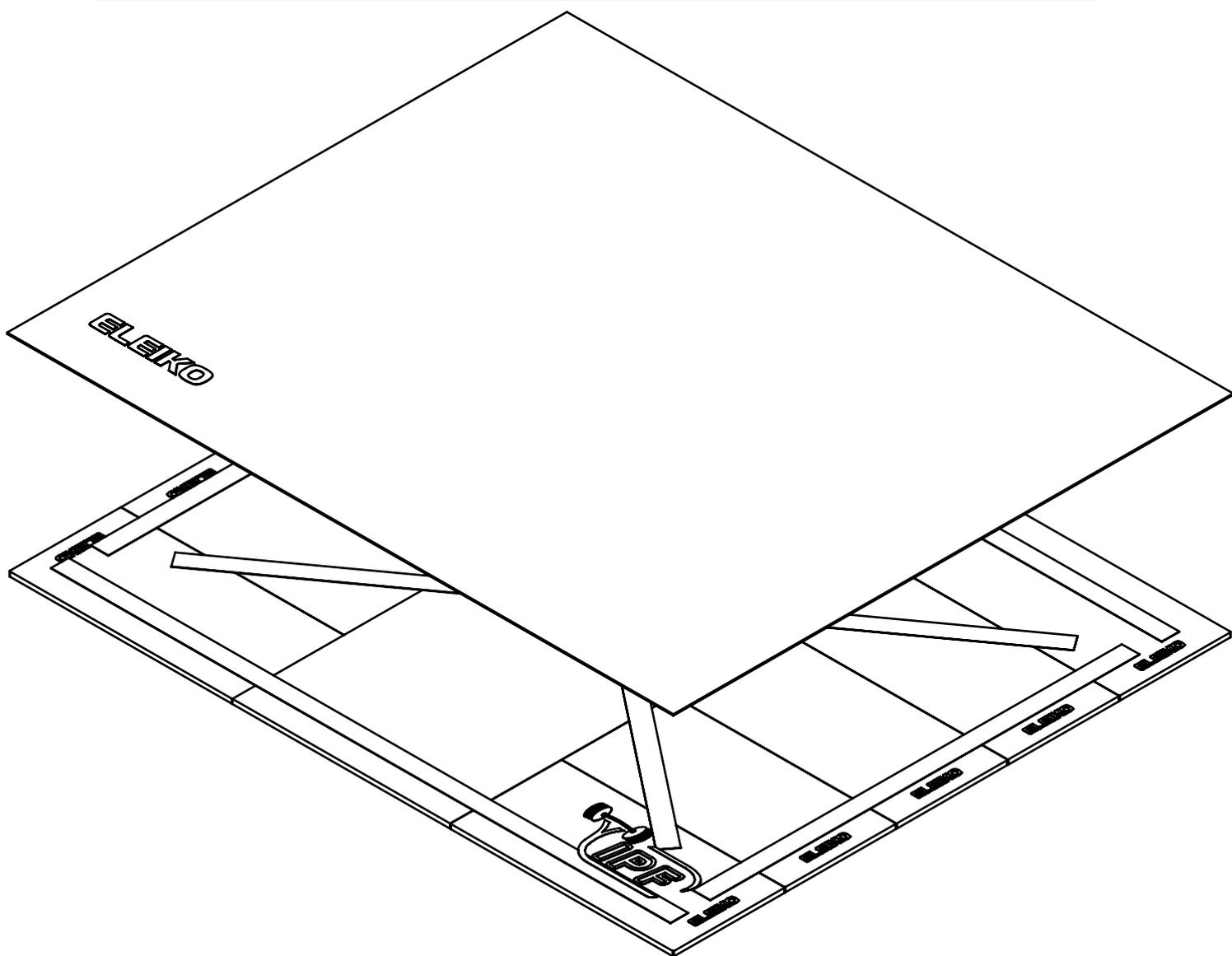


x1

4.

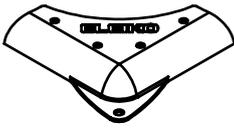


Carpet 2530x3010  
Art: 2001891



**ELEIKO**

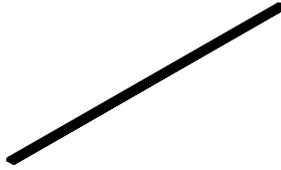
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**5.**

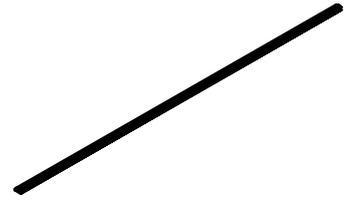
Corner for platform 30 mm  
3085217

**x2**

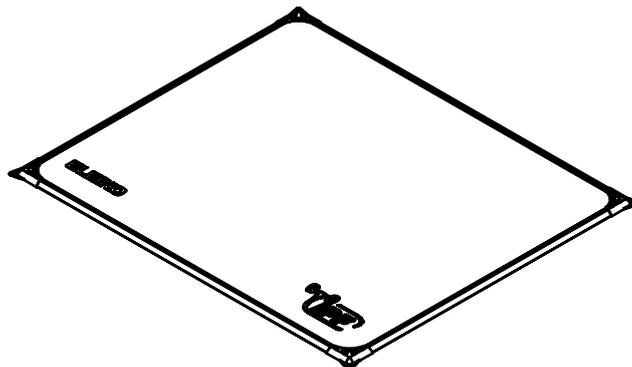
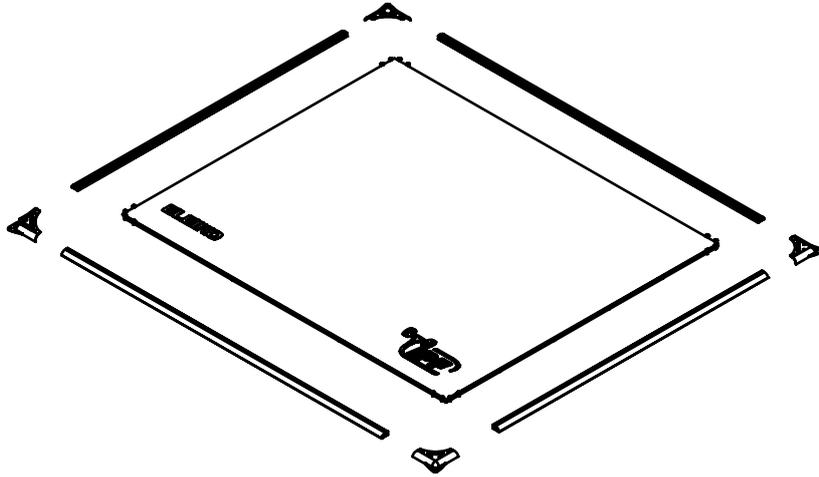


Profile tube 30x60x3 L=2502,5  
Art: 2000251p3

**x2**



Profile tube 30x60x3 L=2977.5  
Art: 2000251p4



**ELEIKO**





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