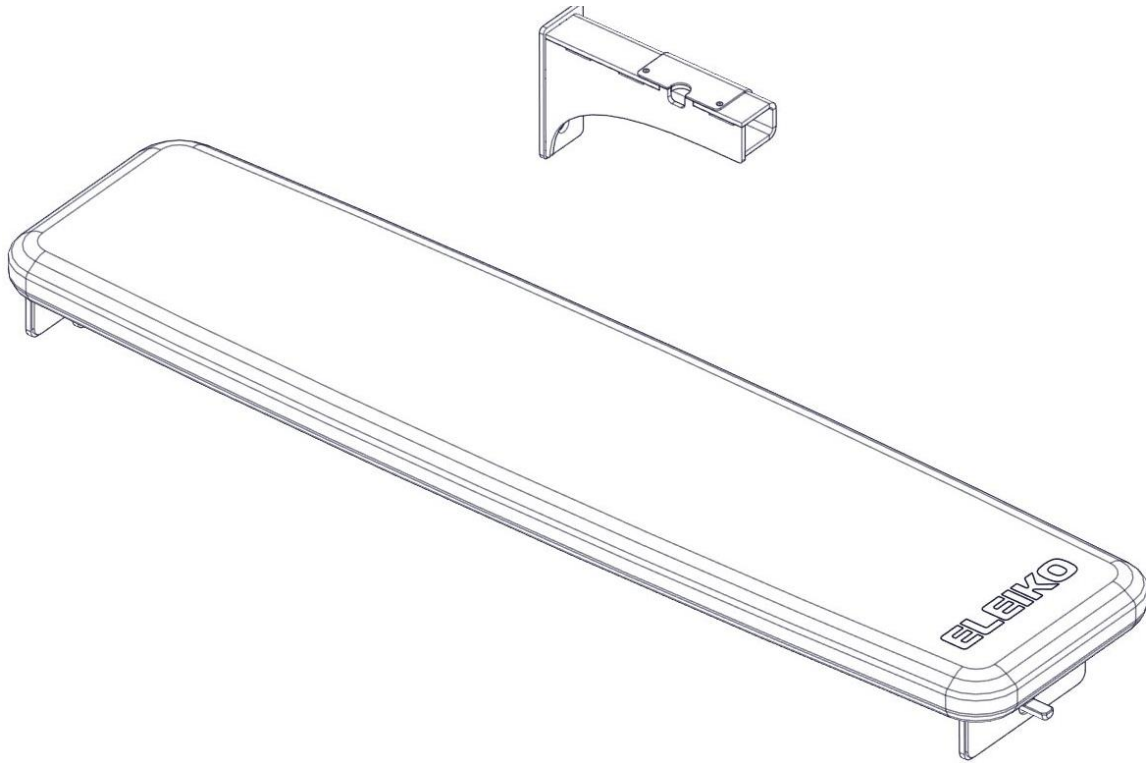


Art.no. BD-1-1389

Seal Row Bench Attachment

RAISE THE BAR



ELEIKO

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Read before installation and use

CAUTION

The equipment must be installed and used in a place whose access and supervision are specifically controlled by the owner. Be sure to install the equipment on a stable base and properly level the equipment. ELEIKO recommends that all equipment is secured to floor and installed by a licensed contractor or an ELEIKO-installer.

SAFETY INSTRUCTIONS

It is the responsibility of the purchaser of ELEIKO products to instruct all users and supervising personnel on proper usage of the equipment.

1. All included warnings (labels) and instructions **MUST** be read before the use of any ELEIKO-equipment. Use each equipment as it is intended for.
2. A user **MUST** get a medical examination and proper instructions before the use of any ELEIKO-equipment.
3. **DO NOT** let anyone, under any circumstances, use equipment that appears to be damaged. Do not try to repair any equipment before consulting an ELEIKO technician.
4. **DO NOT** replace the components of ELEIKO-equipment with other none ELEIKO equipment (magnetic safety pin, frames, bars), do not improvise. If there are any doubts consult an ELEIKO representative prior to any intervention.
5. **DO NOT** overload the equipment and **DO NOT** try to exceed personal strength Levels.
6. Children under the age of 14 must be supervised by an adult.
7. **DO NOT** remove any safety labels from the ELEIKO-equipment. ELEIKO is not responsible if a label is removed. Replace damaged labels immediately.
8. Eleiko package for products can be made of wood, be aware of splinters, **MUST** use gloves and proper work wear.
9. Eleiko package material could be a risk when handling, be aware of crushing, **MUST** use work wear including gloves and hard shoes.
10. Eleiko products and packing material is heavy, **MUST** use proper lifting technique, work wear and hard shoes.

Preventive Maintenance & Inspections

Cleaning:

Daily:

- Cleaning of upholstery.

Regularly:

- Clean surfaces on the frames and tubes from dust and dirt.
- Check that all bolts between parts, walls and floors are properly tightened, according to recommendations.
- Check equipment for sharp edges. Replace parts with sharp edges.
- Check equipment structural frames and welds to ensure they are free from cracks, irregularities or any other abnormalities. If in doubt, consult an Eleiko representative before product use.

Cleaning and Care:

- Apply a mild soap detergent to a lint free cloth, then wipe down product surface.
- While it is safe to use an alcohol-based neutral pH7 solution on surface-treated steel elements of the benches and racks, take care to avoid pads and cushions.
- We recommend alcohol-free, bleach-free, and o-phenylphenol (OPP) ammonia-free wipes.

See also www.eleiko.com.

Spare Parts and Service

Contact Eleiko for spare parts and service:
Eleiko Group AB | Klastorpsvägen 18 | SE-302 62 HALMSTAD | Sweden
E-mail: info@eleiko.com | Phone: +46 35 17 70 70

www.eleiko.com

Warranty

All products manufactured by ELEIKO are warranted to the original purchaser to be free from defects in workmanship and / or materials under normal use or service as follows:

- 10 years on structural frame welds (NOT on moving parts).
- 1 year on wear and tear parts.
- 1 year on polyurethane upholstery.

Product Info

Purpose

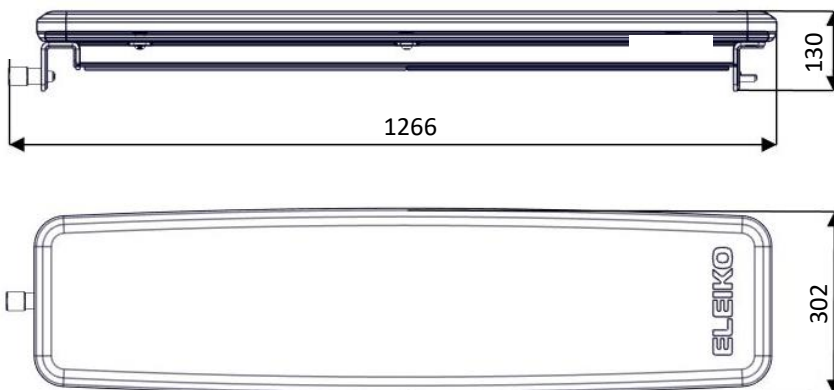
Creates a seal row bench on an already existing Power Rack with Safety Beams. Saves space and can easily be stored on the included storage unit.

General Instructions For Use

1. Put in the fixed pin in the front beam. Do this with an angle on the bench to be able to get it in.
2. Lower the high end of the bench and pull out pop pin on the opposite side to attach it.
3. Now you have a Seal Row Bench attached to the Safety Arms on the Power Rack
4. When finished, remove the bench by pulling out the pop pin and lift the same end up to be able to get the fixed pin out.
5. Hang the bench on the attachment mounted on the rack, use pop pin to lock it in position.

Description

	Bench	
Max total weight	kg	350
	lbs	770
Product weight	kg	16,5
	lbs	37
Dimensions (L x W x H)	mm	1266x302x130
	inch	50x12x6



User Guide

Required Tools

You need the following tools to assemble the equipment.



Wrench
Size: 24



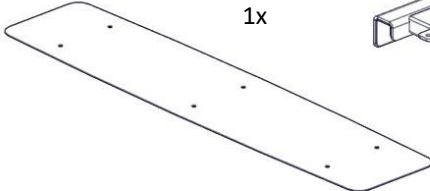
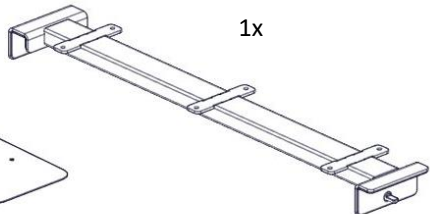





Socket Wrench
Size: 24



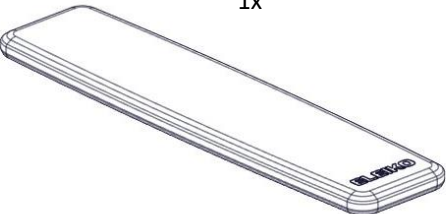
Hex key
Size: 6

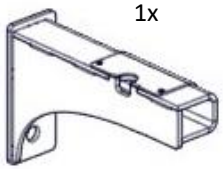
List of Components

Box - 3085855

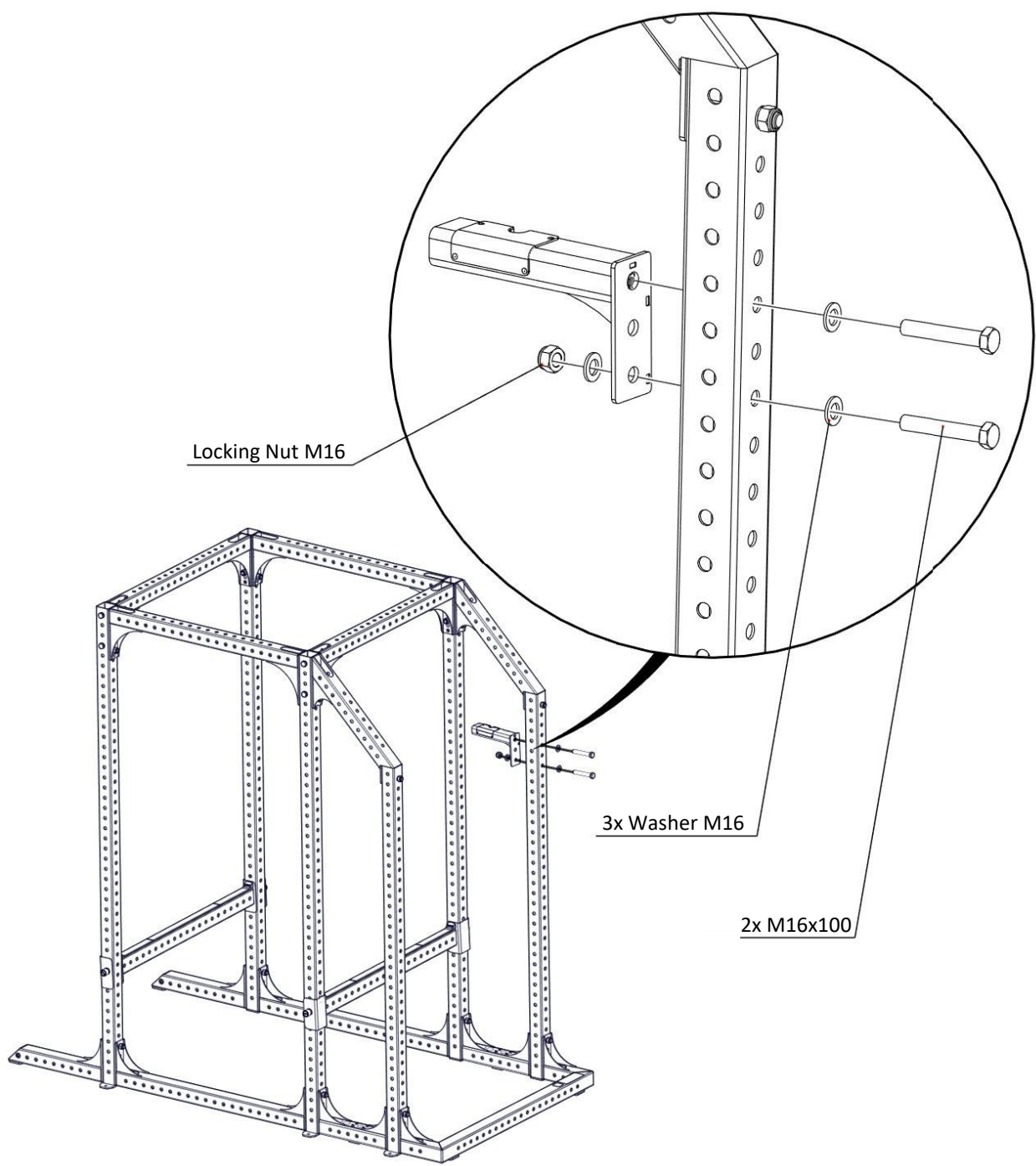
 1x 3002282 p25	 1x 3085855a1	 1x 3085855a3	
 2x M16x100 2001385-L100	 4x Washer M16 2001421	 2x Locking Nut M16 2001379	 6x K6S M10x20

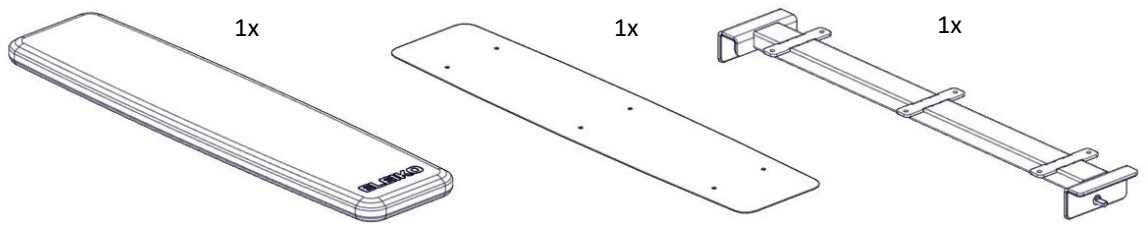
Box - 2001277

 1x 2001277
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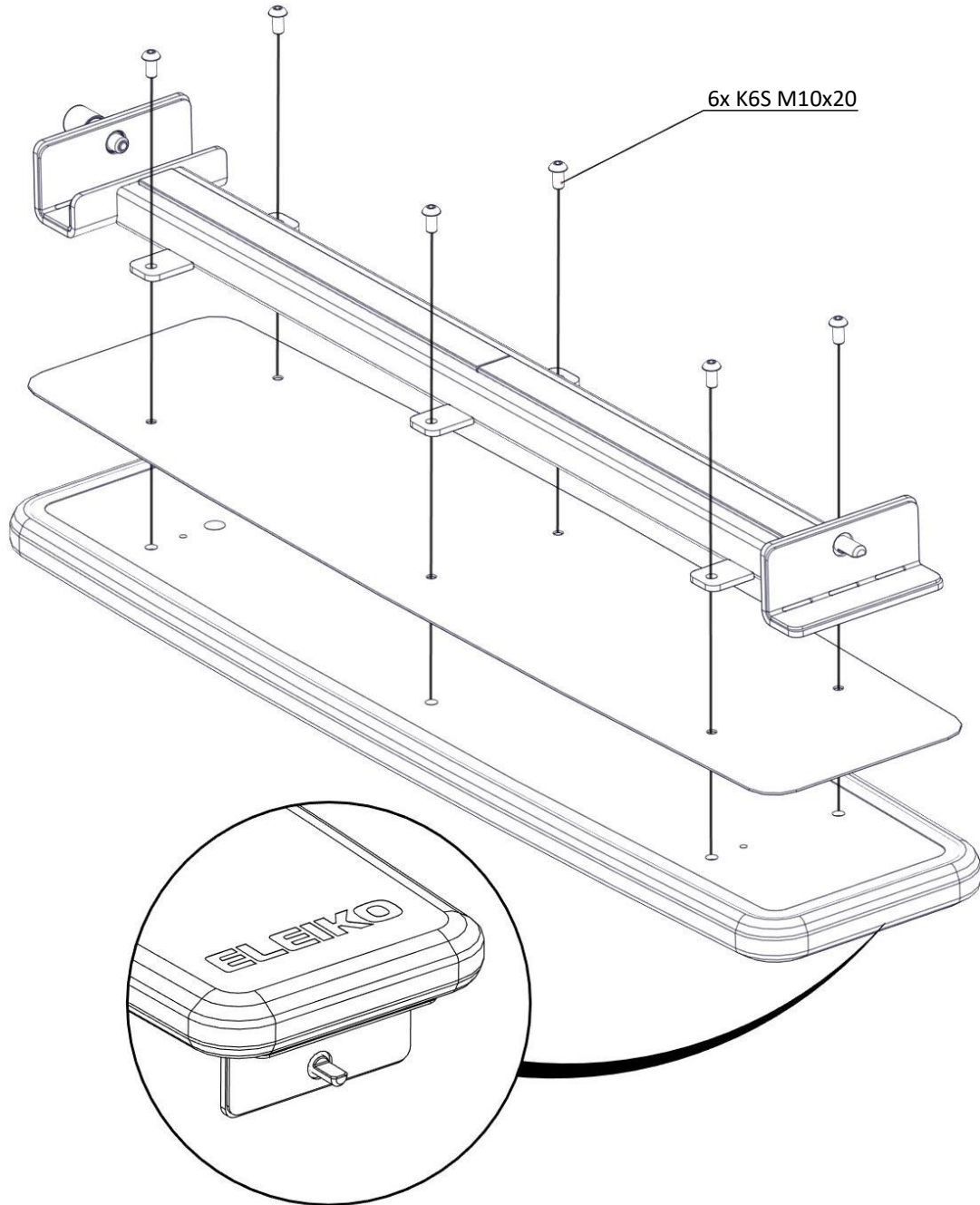


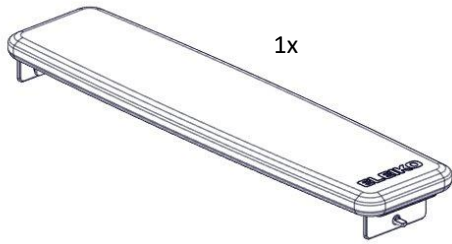
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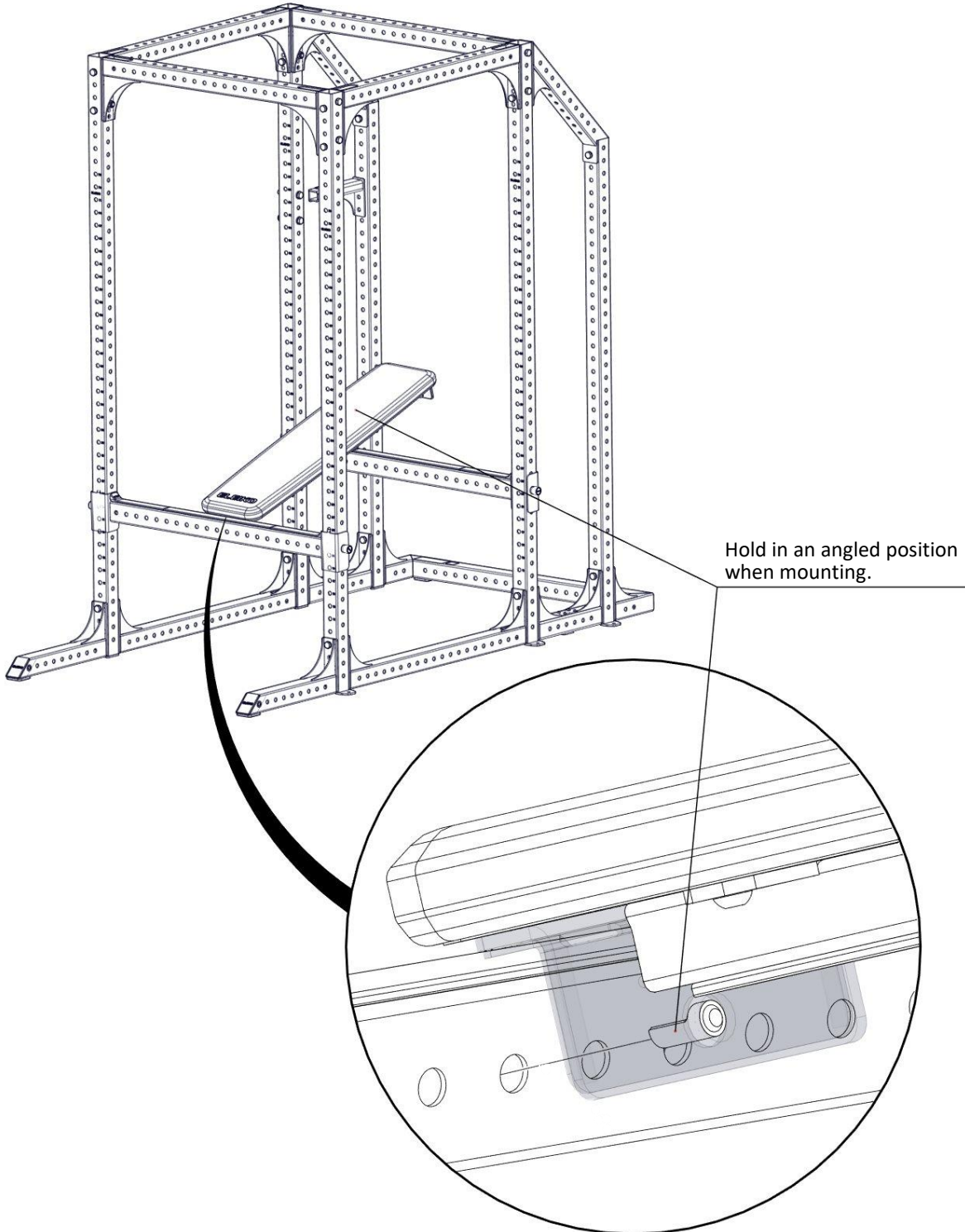


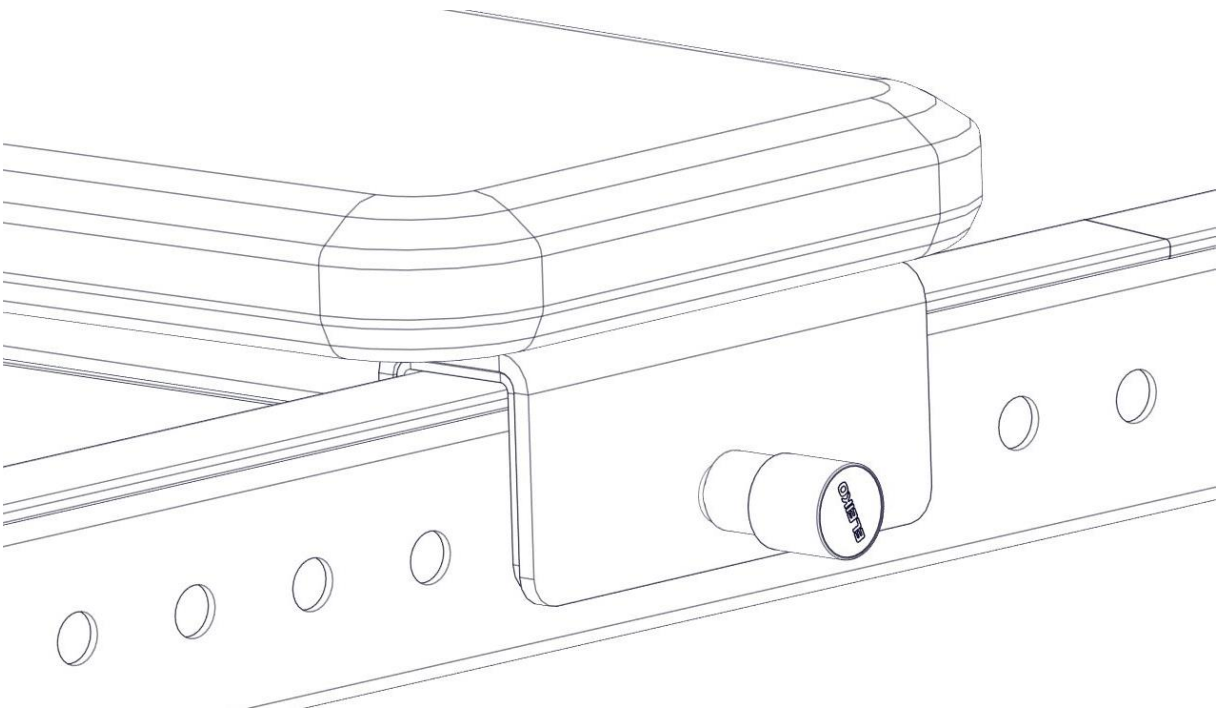
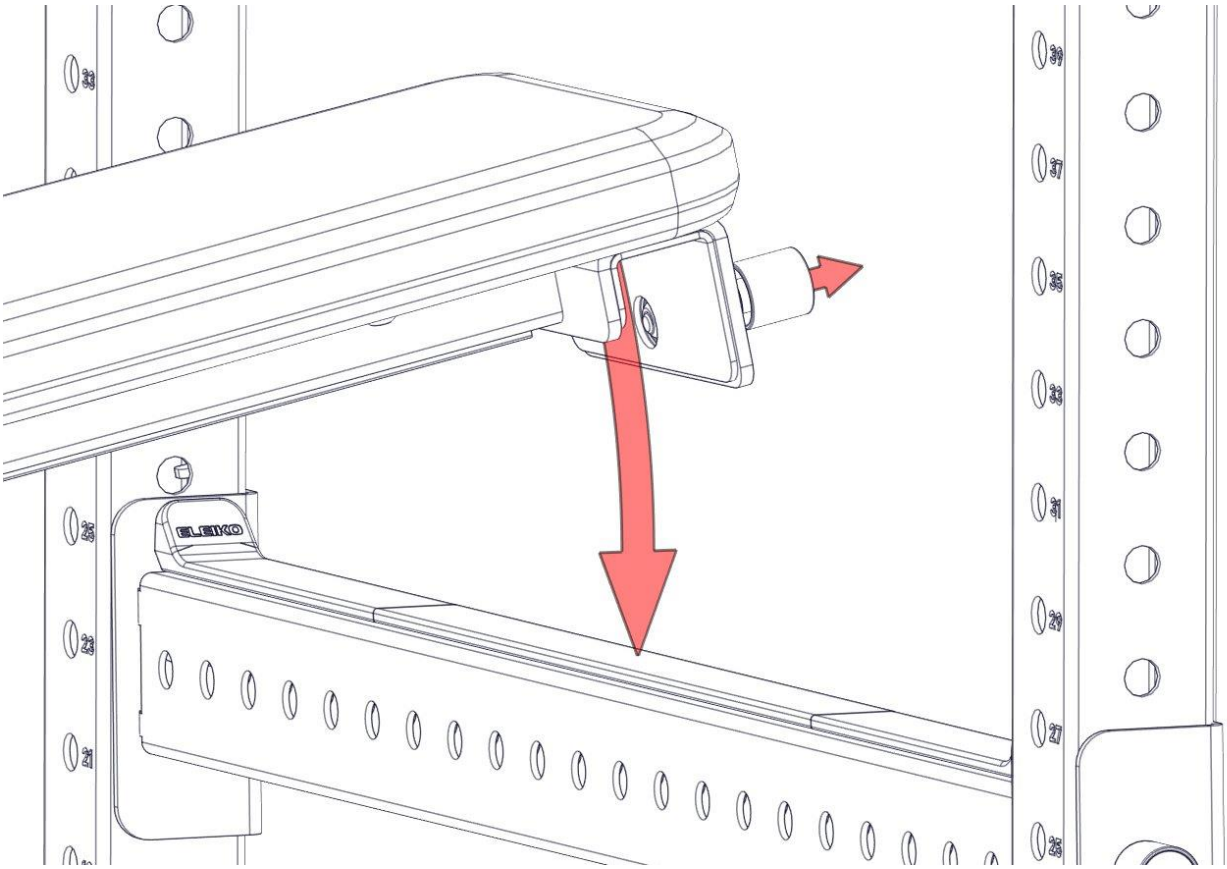
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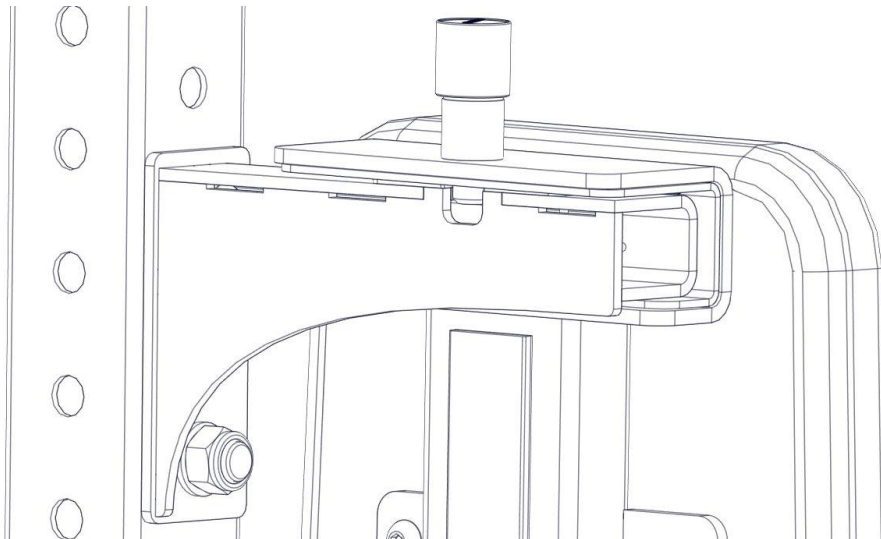
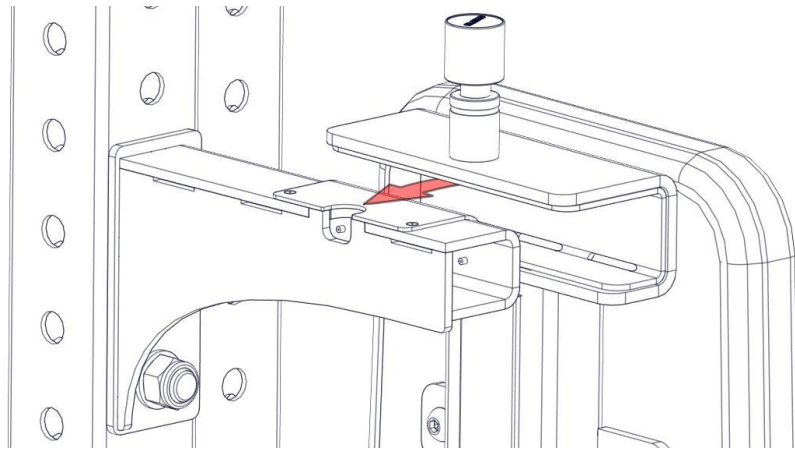
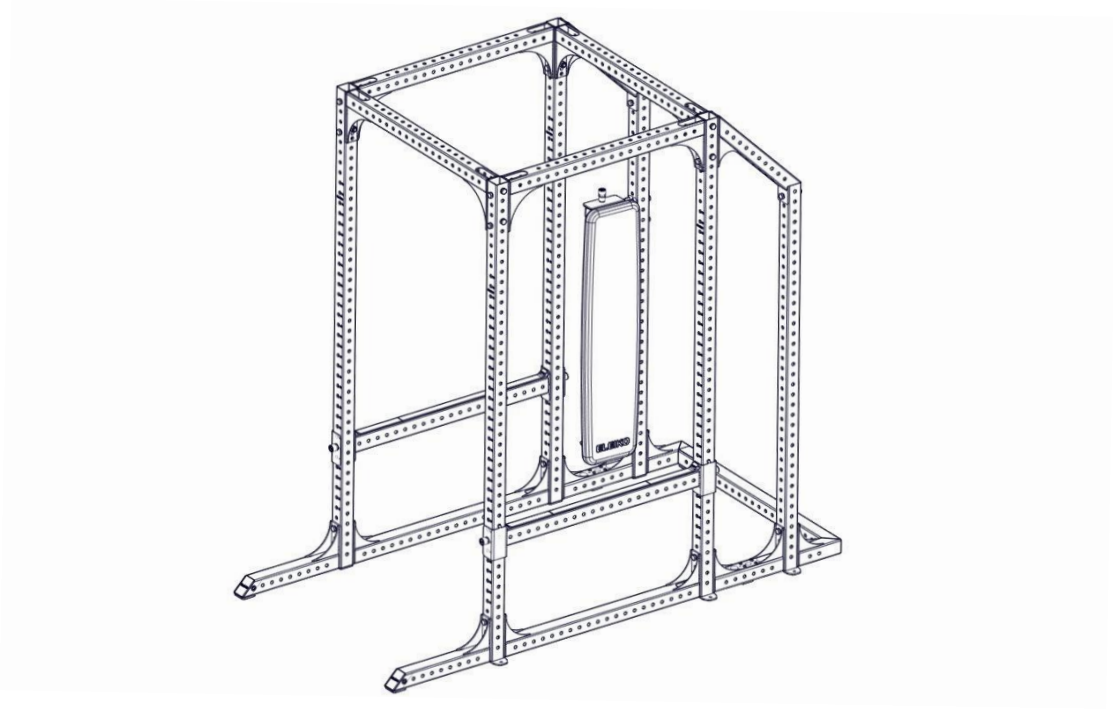




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