

IMPORTANT! READ BEFORE USAGE

1. ELEIKO RIG USER MANUAL

Gymnastics training, resistance training, and activities at height are potentially dangerous and may lead to severe injury or even death. When training use common sense, make sure to obtain instructions in the proper execution of movements, and understand your limitations. This equipment must only be used by competent and responsible persons, or under the direct and visual control of a competent and responsible person.

Obtaining instruction in appropriate methods and techniques of use is your own responsibility. You assume all risks and responsibilities for all damage, injury or death which may occur during or following incorrect use of this equipment in any matter whatsoever. ELEIKO bears no liability beyond the replacement value of the equipment in question.

DISCLAIMER BOTH ELEIKO AND BUYER DISCLAIM ANY EXPRESS OR IMPLIED WARRANTY, INCLUDING, WITHOUT LIMITATION, WARRANTIES OF MERCHANTABILITY AND/OR FITNESS FOR A PARTICULAR PURPOSE WITH RESPECT TO THE EQUIPMENT. BUYER ASSUMES ALL LIABILITY IN USAGE OF EQUIPMENT.

CAUTION

The equipment must be installed and used in a place whose access and supervision are specifically controlled by the owner.

Be sure to install the equipment on a stable base and properly level the equipment. ELEIKO requires that all equipment is secured to floor/ground with four screws and installed by a licensed contractor or an ELEIKO-installer.

3. PREVENTITIVE MAINTENANCE & INSPECTIONS

REGULARLY:
Clean the surfaces on frames and tubes from dust and dirt.
Check that all bolts between parts, walls, floors are properly tightened, according to recommendations. Check equipment for sharp edges, replace parts with sharp edges. Check that welding’s between parts are free from defects and cracks. Check that straps and attachments does not show any wear and tear. If any uncertainties consult with ELEIKO representative.

2. SAFETY INSTRUCTIONS

It is the responsibility of the purchaser of ELEIKO products to instruct all users and supervising personnel on proper usage of the equipment.

1. All included warnings (labels) and instructions MUST be read before the use of any ELEIKO-equipment. Use each equipment as it is intended for.
2. A user MUST get a medical examination and proper instructions before the use of any ELEIKO-equipment.
3. DO NOT let anyone, under any circumstances, use equipment that appears to be damaged. Do not try to repair any equipment before consulting an ELEIKO technician.
4. DO NOT replace the components of ELEIKO-equipment with other none ELEIKO-equipment (magnetic safety pin, frames, bars), do not improvise. If there are any doubts consult an ELEIKO representative prior to any intervention.
5. DO NOT overload the equipment and DO NOT try to exceed personal strength levels.
6. Children under the age of 14 MUST be supervised by an adult.
7. DO NOT remove any safety labels from the ELEIKO-equipment. ELEIKO is not responsible if a label is removed. Replace damaged labels immediately.
8. Eleiko package for products can be made of wood, be aware of splinters, MUST use gloves and proper work wear.
9. Eleiko package material could be a risk when handling, be aware of crushing, MUST use work wear including gloves and hard shoes.
10. Eleiko products and packing material is heavy, MUST use proper lifting technique, work wear and hard shoes.
11. Never exceed the maximal number of users specified in the manual.

4. WARRANTY

All products manufactured by ELEIKO are warranted to the original purchaser to be free from defects in workmanship and/or materials under normal use or service as follows:

- 10 years on structural frame welds (NOT on moving parts).
- 1 year on wear and tear parts.

Normal wear and tear do not fall under the warranty.

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IMPORTANT! READ BEFORE INSTALLATION!

1. GENERAL INSTALLATION REQUIREMENTS

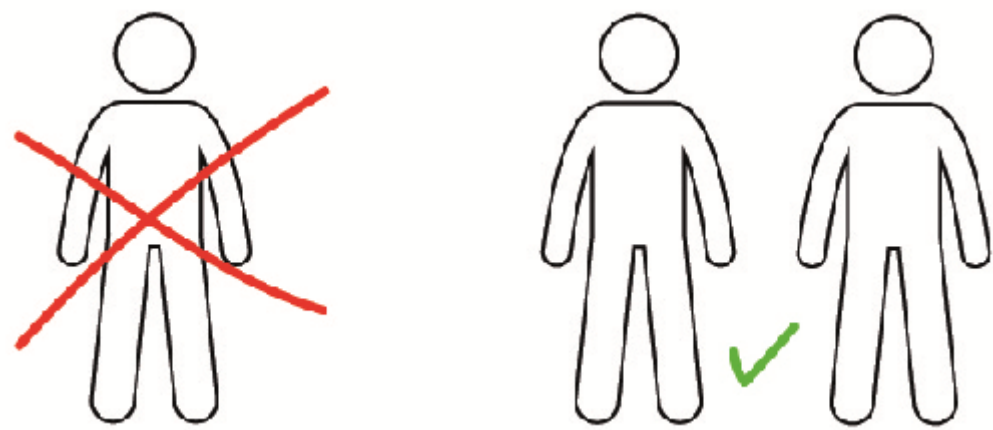
Make sure the rig is anchored to a solid and leveled floor.

Anchoring bolts to building elements such as; floor and walls are not included. Consult a licensed contractor on choosing the right anchoring fasteners.

Make sure there are at least 100 mm (3,9 inches) of free space up to the ceiling before raising the rig.

Pretension the screws before the rig is raised and then tighten all screws fully once the rig is completed. Make sure all screws are tightened enough but do not exceed a tightening torque of 40 Nm for M16-bolts.

At least 2 people are required to perform the installation and raising the rig.



It is always the customers responsibility to make sure the equipment is safely installed and anchored/mounted between required parts, floor and walls.

2. INSTALLATION BY ELEIKO-INSTALLERS

If installation has been purchased from ELEIKO there are important preparatory requirements that MUST be met before the day of installation.

Make sure all equipment and parts have been delivered and are intact in order to complete the installation.

Information of the premises - what type of floor, type of walls, and height from floor up to ceiling must be shared with ELEIKO installers ahead of installation. If there are heating coils in floor, electrical wires in walls or other hidden obstacles, ELEIKO installers must be informed about this.

ELEIKO requires a safe work place for our installers and ELEIKO will not be held responsible if something is damaged. Personal injuries of ELEIKO staff caused by an unsafe work place, the customer will be held responsible. Any obstacle where the rig is being installed must be eliminated.



Make sure the floor is leveled where the rig is being installed.

For wallmounted rigs a pre-attached glulam beam is required before the day of installation. Preferably 400 x 50 x Required Length mm. Consult ELEIKO on required length and height placement of such.

On the day of installation! ELEIKO installers will bring the required tools and anchoring bolts to building elements. Modification on frames of ELEIKO-equipment, due to obstacles, will not be performed ELEIKO installers on the day of installation.




ELEIKO installers will only install equipment that is under the sales agreement. ELEIKO will not take any responsibility whatsoever of work outside the contract/agreement.

3. REQUIRED TOOLS

M16 Spanner (Wrench Size: 24 mm)	Screwdriver with sleeve wrench size 24 mm
<div>M16</div>	

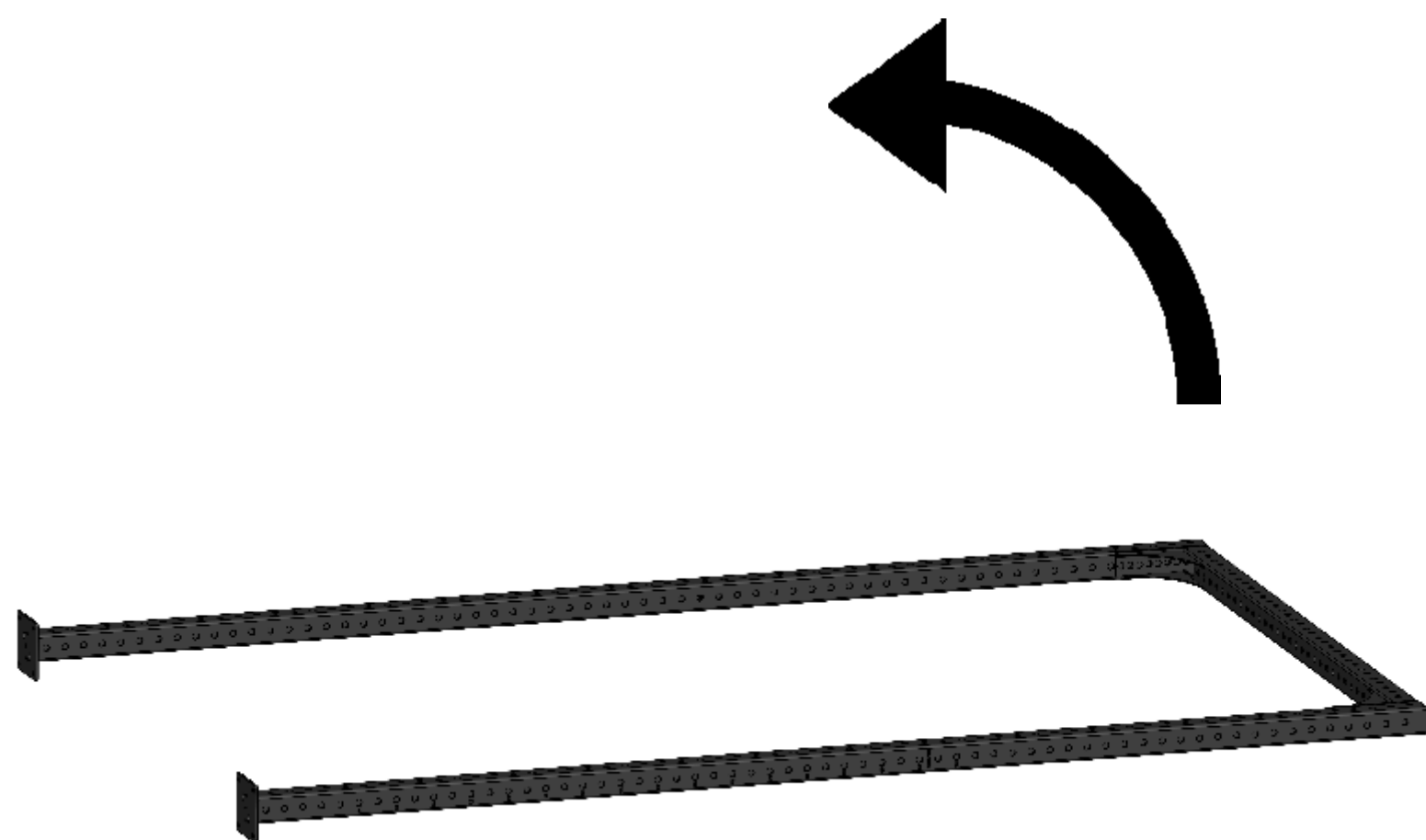
Maximum width for the M16 tools are 40 mm!

4. RECOMMENDED FASTNERS

Glulam-beam	Wood-floor	Concrete Floor
		
Wood screws for structural wood	Wood screws for structural wood	Concrete screw
12x50 / 12x70	12x50 / 12x70	12,5 x65
JUMBO JETTING	JUMBO JETTING	EJOT
Art.no 811250	Art.no 811250	Art.no 905470

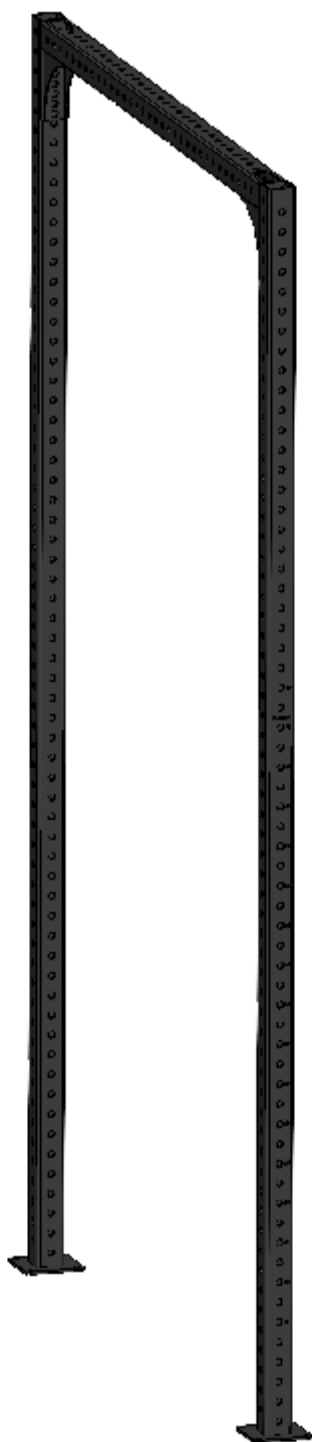
GENERAL ASSEMBLY INSTRUCTIONS

1.



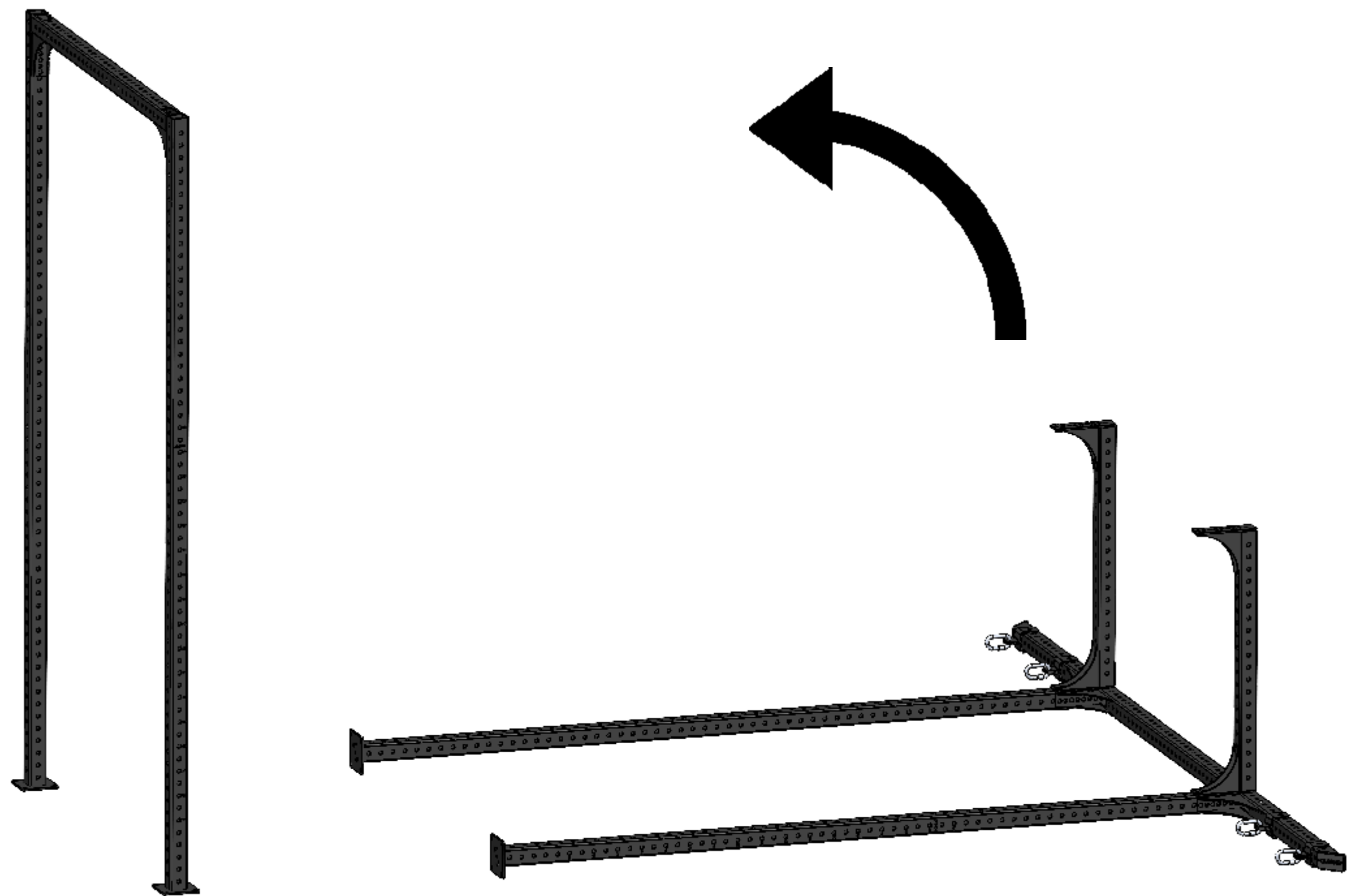
Assemble first section lying on the ground and then raise it.
Loose screw during this step!

2.



Let at least one person hold it steady.

3.

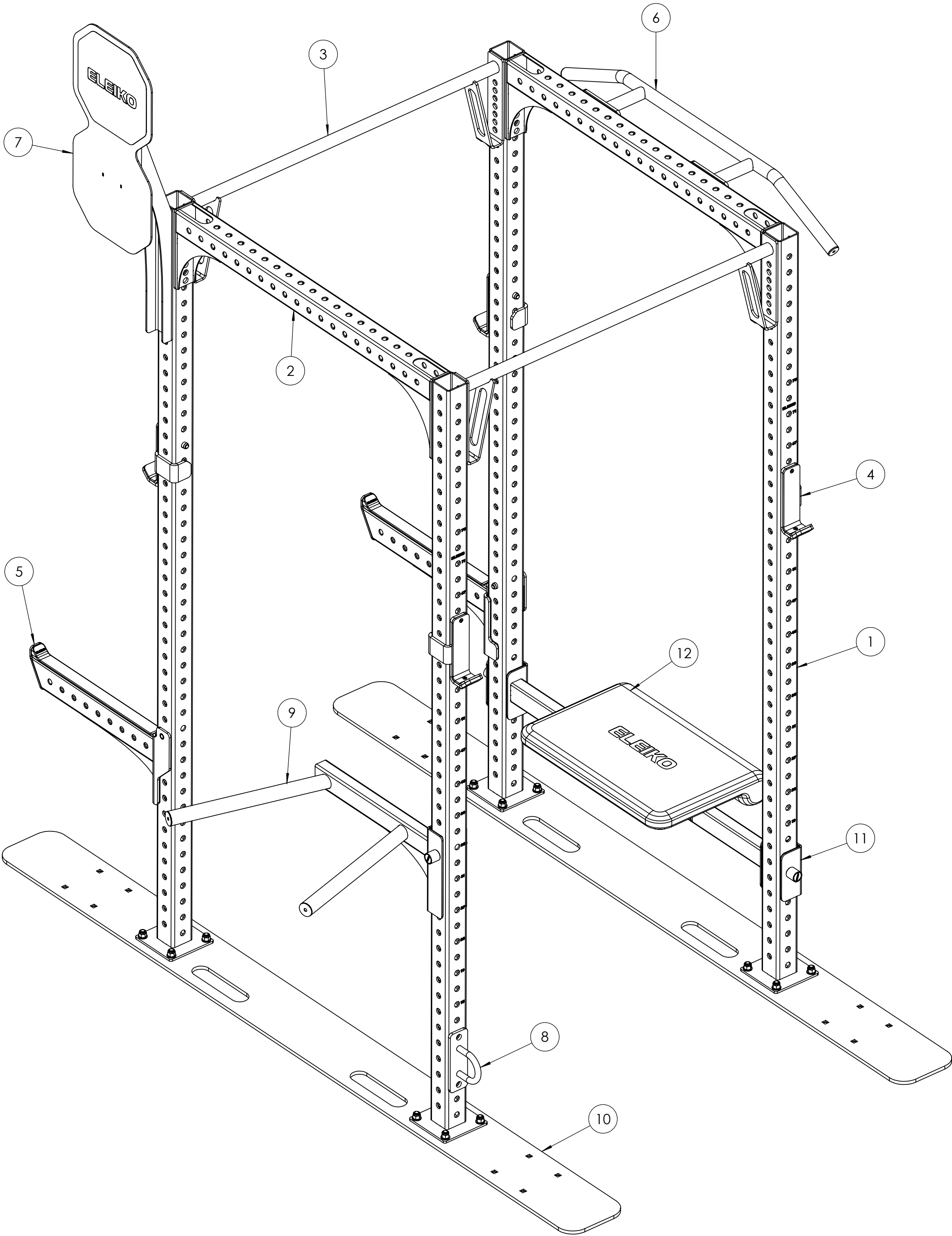


Assemble the next section lying on the ground and then raise it.

4.



Connect the two sections to each other.
Repeat step 3 & 4 until the rig is completed.
Tighten all screws and bolt to ground
after rig is completed.



PRODUCT SPECIFICATION

Maximum number of users: 4 persons.
Maximum training weight in each section of the rig is 350 kg.
A section is the space between two connected uprights or an upright and a wall if the upright is wall mounted.

Exeptions:
Sections used for storage shelves may exceed 350 kg.
For attachments with lower maximum training weight than 350 kg, the maximum training weight specified in the manual applies.

ITEM NO.	ART.NO	DESCRIPTION	QTY.
1	2001500-XX	Eleiko Prestera Upright XS 2350	4
2	2001294-XX	Eleiko Prestera Crossbar 1072	2
3	3085721-XX	Eleiko Prestera Muscle-Up Bar 1072	2
4	3085592-XX	Eleiko Prestera J-cup, Pair	2
5	3085641-XX	Eleiko Prestera Safety Arms, Pair	1
6	3085580-XX	Eleiko Prestera Angled Pull-Up Bar	1
7	3085582-XX	Eleiko Prestera Wall Ball Target	1
8	3085619-XX	Eleiko Prestera Battle Rope Attachment	1
9	3085598-XX	Eleiko Prestera Dip Module	1
10	2001725-XX	Eleiko Prestera Bottom Plate	2
11	3085647-XX	Eleiko Prestera Hip Thrust Frame	1
12	2001420	Upholstery Preacher Curl, PUR	1

