

## Eleiko IWF Weightlifting Training Weight Set

190 kg, men, RC

With Eleiko's IWF Weightlifting Training Set, NxG, you get the quality and performance of the competition set without the added expense of the extremely precise calibration required for competition. The set includes the IWF Weightlifting Training Bar, NxG, 20 kg along with a set of Eleiko Weightlifting Training Plates. The plate sets include two each of the 25, 20, 15 and 10 kg plates along with a set of the rubber coated Eleiko Weightlifting Training Change Plates ranging from 0.5 kg to 5 kg and a set of the Eleiko Weightlifting Training Collars.

## Features

**Designed For** Training for competitive level weightlifting

## **Conveniently Collected**

Set packages training bar, plates and collars for convenience

**Specifications** 

Article code BD-1-460 Certification

**Certified** Certified by the IWF for training



