



# Eleiko Power Lock Weightlifting Bar

15 kg, women

The Eleiko Power Lock Bars grooved sleeve design and coordinating collars tightly secure discs eliminating the need for repeated tightening and collar adjustments. The power lock collars easily slide onto the sleeve and ensure discs remain firmly in place rep after rep, drop after drop. This bar delivers the IWF Weightlifting Training Bar specification and performance characteristics with the benefits of this unique sleeve construction. Smooth even rotation, elastic Swedish steel and the specialized sleeve and collar construction make this bar well suited for higher volume training.

## Features

- Designed For**  
Weightlifting and strength training
- Grip Markings**  
Bar features markings for weightlifting
- Disc Compatibility**  
Standard plates are appropriate for use with grooved sleeves.

- Knurling**  
Balanced grip to ensure a secure hold on the bar
- Power Lock Collars**  
Custom collars lock into place for a secure hold

## Specifications

<b>Unit of measurement</b> Sold individually	<b>Article code</b> 3061181	<b>Length</b> 2010 mm / 79.13 in.	<b>Weight</b> 15 kg / 33.07 lbs
<b>Warranty</b> 12 years	<b>Certification</b> IWF	<b>Grip Surface</b> Chrome	<b>Bearings and Bushings</b> Needle bearings
<b>Grip Marking</b> Weightlifting	<b>Sleeve Surface</b> Chrome	<b>Knurling</b> 1.2 - Balanced	<b>Max Load</b> 1500 kg / 3306,93 lbs
<b>Loadable Sleeve Length</b> 320 mm / 12.6 in.	<b>Dustproof Seal</b> Yes	<b>Sleeve Diameter</b> 50 mm / 1.97 in.	<b>Flange Width</b> 30 mm / 1.18 in.