



Eleiko XF Dumbbell Set

12 - 20 kg

Eleiko's XF Dumbbells provide a convenient way to quickly add resistance and load a wide variety of exercises. The hexagonal shape ensures dumbbells won't roll and opens a world of possibilities for exercises using the dumbbells as handles such as plank rows and L-sits. A gently sloped comfortable knurled handle delivers a secure grip. The rubber is quiet in use and gentle on gym floors. Here we provide three sets of weight ranges.

Features

Designed For

Whole body free weight strength and functional training

Secure Comfortable Hold

Sloped knurled chromed steel handles are comfortable, and allow for a secure hold

User Friendly

Clearly printed numbers and well-spaced weight increments

Grip Diameter

Ranges from 25 mm to 34 mm dependent upon weight

Specifications

Article code

BD-1-504

Weight

160 kg / 352.74 lbs