

Eleiko XF Dumbbell

36 kg

Eleiko's XF Dumbbells provide a convenient way to quickly add resistance and load a wide variety of exercises. The hexagonal shape ensures dumbbells won't roll and opens a world of possibilities for exercises using the dumbbells as handles such as plank rows and L-sits. A gently sloped comfortable knurled handle delivers a secure grip. The rubber is quiet in use and gentle on $\operatorname{\mathsf{gym}}$ floors. Dumbbells are sold individually or in sets and weights range from 1 kg to 40 kg, with the anything over 10 kg increasing in 2 kg increments. Dumbbells are sold individually. The dumbbells are delivered with a thin protective oily coating and made from a rubber mixture that is completely odour free.

Fea ⁻	311	

Designed For

Whole body free weight strength and functional training

Secure Comfortable Hold

Sloped knurled chromed steel handles are

Specifications

Unit of measurement Sold individually

Colour Black/Silver

Handle Diameter 33 mm / 1.3 in.

comfortable, and allow for a secure hold

Article code

3002344

Series

User Friendly

Clearly printed numbers and well-spaced weight increments

Grip Diameter

Ranges from 25 mm to 34 mm dependent upon weight

Weight

36 kg / 79.37 lbs

Warranty 2 years

Handle

Fixed

Handle Length 135 mm / 5.31 in.

