

Eleiko IWF Weightlifting Training Plates

Our IWF certified training discs are meticulously constructed with the same high-quality solid Swedish rubber as our competition discs to ensure they perform well and withstand years of hard training. They deliver the same feel and performance without the additional calibration necessary for competitive use. If your sights are set on performance or you train for competitive level lifting these discs are for you. Discs are sold individually.



Features

Designed For

Plates intended for competitive level weightlifting training

SBR Rubber

Guarantees precision, durability and consistency while minimising imperfections

Weight Tolerance

Plates are calibrated per IWF specifications and accurate to within grams

Certified

Plates are certified by the IWF for training

Durable Hubs

2-piece bolt on steel hubs with a zined finish for extra durability

Specifications

Unit of measurement
Sold individually

Height
64 mm / 2.52 in.

Weight
25 kg / 55.12 lbs

Warranty
5 years