

## Eleiko Powerlifting Competition Change Plates

The Eleiko Powerlifting Competition Change Plates are ideal for smaller weight increases. The change plates are a high-quality IPF approved metal discs and feature a large lip and curved edges for comfortable and secure handling. The discs range from .25 kg to 5 kg, the 5 kg. The smallest three increments are chromed, while the 2.5kg is black and the 5 kg is white, making the discs easy to identify. Discs are sold individually.

## **Designed For** Smaller weight increases in competition and training

Easy to Identify Varied sizing and color finishes make weights easily identifiable

**Specifications** 

Unit of measurement Sold individually **Height** 20 mm / 0.79 in. **Certified** Plates are certified by the IPF for training and competition

**Weight** 5 kg / 11.02 lbs Warranty 10 years

