

# Eleiko IPF Powerlifting Competition Plate

10 kg

Elegantly designed cast iron plates with a thin profile allow more weight to be loaded onto the bar for seriously heavy lifts. Precisely calibrated and certified for competition, the plates are guaranteed to be within the tolerances mandated by the IPF Technical Rule Book. Plate weights are easily identified by our iconic weight colours and clear raised white lettering. A lipped circumference ensures a secure grip for safe plate handling, loading and unloading. Plates are sold individually.



## Features

### Designed For

Plates for powerlifting competition and training

### Certified

Plates for powerlifting competition and training

### Slim Profile

Means more plates can be loaded on bars; 700+ kilo

### Easy Weight Identification

Unique Olympic colour palette allows for quick identification

## Specifications

**Unit of measurement**  
Sold individually

**Article code**  
3000234

**Height**  
19 mm / 0.75 in.

**Weight**  
10 kg / 22.05 lbs

**Warranty**  
10 years

**Colour**  
Green

**Diameter**  
325 mm / 12.8 in.

