

# Eleiko Weightlifting Training Set

402.5 LBS

Eleiko's Weightlifting Training Weight Set bundles a bar, plates, and collars for training for weightlifting competitions into a convenient set. The set includes an IWF Weightlifting Training Bar along with a set of Eleiko Weightlifting Training Plates ranging from 55 to 25 lbs, a set of rubber coated Eleiko Change Plates ranging from 1.25 lbs to 10 lbs and a pair of Eleiko Competition Collars.

