



Precor EFX 685 Adjustable CrossRamp

P84 - Black Pearl

The Precor EFX 685 Experience™ Series Elliptical Fitness Crosstrainer delivers a seamless blend of high-performance functionality and ergonomic design. Equipped with the P84 touchscreen console, this machine provides an adaptable and engaging workout experience, ideal for users looking to enhance their cardiovascular fitness and muscle endurance. Its design ensures maximum user comfort and performance with a focus on full-body engagement.

Features

P84 Touchscreen Console for Engaging Workouts

The P84 console features a 16-inch touchscreen that enhances user interaction by offering access to a wide array of workout programs and performance tracking. With integrated entertainment options, it keeps users motivated and focused throughout their sessions.

Ergonomic Design for Comfort and Effectiveness

Designed with ergonomics in mind, the EFX 685 promotes a more natural posture with optimized step-up height and pedal spacing. This ensures a comfortable and effective workout that engages both the upper and lower body, enhancing overall performance and results.

Adjustable CrossRamp® Technology for Customized Training

The patented Adjustable CrossRamp® technology allows users to modify the elliptical path between 10 and 35 degrees, enabling targeted engagement of different muscle groups. This flexibility allows for personalized workouts that adapt to individual fitness goals.