

# Precor AMT 885 Adapt. MotionTrainer -P84 Console-Black Pearl

The Precor AMT 885 Experience™ Series Adaptive Motion Trainer redefines fitness with its innovative design and versatile capabilities. Equipped with the P84 touchscreen console, this trainer offers a customizable workout that adapts seamlessly to the user's natural motion, providing a personalized and effective exercise experience. Its ability to simulate a range of motions from walking to running without manual adjustments keeps users engaged, making it an excellent choice for dynamic training environments.

## Egenskaper

### P84-touchskärm för engagerande träning

The P84 console provides a 16-inch touchscreen that delivers optimal user engagement with easy access to a wide variety of workouts, real-time performance tracking, and entertainment options. Its intuitive interface ensures users can easily customize their training sessions to their fitness levels and goals.

### Ergonomic Handlebars for Diverse Workouts

Designed with user comfort in mind, the adjustable handlebars are equipped with heart rate sensors and provide multiple grip positions. This feature enables users to modify their upper body workout intensity and style, making the AMT 885 suitable for a wide range of exercises and fitness levels.

### Adaptive Stride Length for Total Body Workout

The Open Stride™ technology allows the AMT 885 to adjust its stride dynamically from 0 to 36 inches, accommodating users of all heights and exercise styles. This flexibility supports a total body workout by allowing changes in stride length on-the-fly, which effectively targets different muscle groups for a comprehensive fitness regime.

## Specifikationer

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