

Exxentric kPulley Go Kit for Prester w. bracket

Black

Incorporate a flywheel training system into your Prester Strength Station with the Exxentric Flywheel Kit. The kit includes the kPulley Go Starter System and an adaptor to connect the system to Prester training stations.



Features

Easily Integrated

To install the system, fit the mounting bracket to a Prester upright and fasten it with the magnetic pin.

Handle Attachments

The kPulley features a clip that can connect handle attachments such as grip handles, straight bars, and other special grips.

Compatibility

Designed for use with the Prester System.

Flywheel Training

Flywheel training allows for variable resistance and eccentric overload so that you can train muscles and movements at their optimal level across the full range of motion in a smooth, simple, and safe way.

kPulley Go

The kPulley Go is great for home users, gym studios, and athletes, supporting a range of rotational and lateral exercises.

