



# Eleiko Hybrid Lifting Belt Strong Blue L

The Eleiko Hybrid Lifting Belt (formerly EVA Belt, the name was changed to better reflect its multipurpose design) supports your core and can help cue proper bracing technique so you can get the most from your lifting sessions at the gym and when you are on the competition stage. Made from soft, comfortable EVA material, the belt features a strong hook and loop fastening with a quick-release stainless steel buckle for easy adjustments and quick on/off during training.

## Features

### Designed For

The 3.75" / 9,5 CM belt is ideal for weightlifting and functional fitness providing the right level of support for all kinds of training and lifting including squats, cleans, snatches, and deadlifts. Suitable for competition use.

### Quick Release

Hook and loop closure and quick-release buckle allows for quick on/off.

### Range of Sizes

XS: 67-72 cm | S: 73-83 cm | M: 84-95 cm | L: 96-103 cm | XL: 104-115 cm | XXL: 116-127 cm

### Comfortable Support

The belt is constructed from EVA, a soft and flexible yet supportive material.

### Secure Hold

Quick locking stainless steel mechanism locks belt into place and is easy to adjust.

## Specifications

**Unit of measurement**  
Sold individually

**Article code**  
95023-570040

**Weight**  
0,6 kg / 1.32 lbs

**Warranty**  
1 year

