



# Eleiko Vulcano Weight Plates

Eleiko's Vulcano Discs are a solid steel core protected by a durable coating designed to withstand high volume varied training. Five generous grip holes are evenly spaced around the circumference of the discs for easy and secure handling. While ideal for powerlifting and use with plate loaded strength machines, the smooth and comfortable grip holes also allow for hand held weighted dynamic functional strength movements. The vulcano discs vary in size and feature a black matte finish with white weight markings for quick and clear identification. Lighter weight change plates forgo grip holes for distinctive arch shaped raised pattern that is also easy to grasp. Discs are sold individually.

## Features

### Secure Handling

Smooth comfortable grip holes evenly spaced for a secure hold and easy handling

### Plate Loaded Machines

Vulcano Plates are ideally suited for use with plate-loaded strength machines

### Designed For

Strength training and functional fitness in mixed use environments

### Lasting Performance

Thick polyurethane encased core mean plates are durable and quiet; however, they are not designed for being dropped

## Specifications

**Unit of measurement**  
Sold individually

**Weight**  
25 kg / 55.12 lbs

**Warranty**  
5 years

**Colour**  
Black