

Eleiko XF Sled / Prowler Heavy

Black

The Eleiko Sled is a compact yet heavy-duty training tool for high-intensity push-pull workouts across a range of training environments. With a 48 kg steel frame, dual or central loading options, and dual handle and integrated pull points, it delivers adjustable resistance and movement versatility. Optimised for indoor turf or scratch-resistant surfaces — and compatible with optional skis (3060344), for outdoor use — it brings Eleiko's performance precision to sled training.

Features

Designed For

Performing a variety of pushing and pulling exercises

User Friendly Design

The handles are easily repositioned from one end of the sled to the other.

Quality Construction

Strong sturdy steel tubing and durable powder coat finish

Clip Attachment

Easily attach a rope or straps to either end of the sled for exercise variety.

Specifications

Unit of measurement

Sold individually

Article code

3085947-03

Length

1052 mm / 41.42 in.

Width

570 mm / 22.44 in.

Height

1011 mm / 39.8 in.

Weight

48 kg / 105.82 lbs

Warranty

2 years

