

# Eleiko XF Sled / Prowler Heavy

Black

The Eleiko Sled is a compact yet heavy-duty training tool for high-intensity push-pull workouts across a range of training environments. With a 48 kg steel frame, dual or central loading options, and dual handle and integrated pull points, it delivers adjustable resistance and movement versatility. Optimised for indoor turf or scratch-resistant surfaces — and compatible with optional skis (3060344), for outdoor use — it brings Eleiko's performance precision to sled training.

## Features

### Designed For

Performing a variety of pushing and pulling exercises

### User Friendly Design

The handles are easily repositioned from one end of the sled to the other.

### Quality Construction

Strong sturdy steel tubing and durable powder coat finish

### Clip Attachment

Easily attach a rope or straps to either end of the sled for exercise variety.

## Specifications

### Unit of measurement

Sold individually

### Article code

3085947-03

### Length

1052 mm / 41.42 in.

### Width

570 mm / 22.44 in.

### Height

1011 mm / 39.8 in.

### Weight

48 kg / 105.82 lbs

### Warranty

2 years

