Eleiko IPF Powerlifting Training Bar

20 kg

- ✓ IPF Certified
- ✓ Stainless Steel
- ✓ Sensor-ready
- ✓ 29 mm diameter
- ✓ 1.5 power knurling

Built to competition specs for serious powerlifting training. Crafted in Sweden with German stainless steel for corrosion-resistant durability. 1.5 Power knurling on untreated steel secures your grip under max load. Self-lubricating bronze bushings ensure stable, controlled rotation. An 18 mm flange supports shaft rigidity and adds clearance for smoother racking. Silver-coloured elements identify this as IPF-certified training equipment.

Features

IPF-Certified for Training

Built to IPF competition specs and approved for training — ideal for powerlifting facilities preparing lifters for competition.

Narrow Flange Profile

18 mm flanges increase plate capacity and rack clearance, while positioning weights closer to your center, reducing whip and improving control under heavy loads.

Engineered for Longevity

Fatigue-resistant sleeve construction, Dual Lock system, and dustproof seal protect components from wear, moisture, and debris. Backed by Eleiko's lifetime warranty.

Maximum Stability

29mm diameter stainless steel shaft maintains stiffness under heavy load. 1.5 Power knurling ensures a locked-in grip during max effort lifts.

Sensor-Ready

Quick-access end cap integrates seamlessly with Eleiko velocity sensors — delivering real-time feedback to optimise load, speed, and technique while maintaining bar calibration.

Specifications

Unit of measurement
Sold individually

Article code
3085914

Length
2200 mm / 86.61 in.

Weight
20 kg / 44.09 lbs

Warranty
Limited Lifetime

Certification
IPF

Weight tolerance
+20g, -10g

Grip diameter
29 mm / 1.14 in.

Shaft coating
Stainless

Grip markings
Powerlifting

Knurling
1.5 Power

Center knurl
Yes

Sleeve coating
DN3 Chrome™

Tensile strength
190,000 PSI

Rotation system
Bushing Construction

Sensor-ready
Yes

RAISE THE BAR

ELEIKO