

# Eleiko IWF Weightlifting Training Bar

15 kg, women

- ✓ IWF Certified
- ✓ Center Knurl
- ✓ Sensor-Ready
- ✓ 1.2 Training Knurling

This barbell brings competition-caliber performance to the training hall. Crafted in Sweden with clean Eleiko Steel for the strength and flex Olympic weightlifting demands. The Optimal Rotation System™ ensures smooth, controlled rotation under any load. Milder 1.2 Training knurling offers a secure, yet less abrasive, grip for high-volume sessions. Silver-coloured end-caps and ID ring mark this as IWF-certified training equipment.



## Features

### IWF-Certified for Training

As one of only two IWF Official Suppliers, equipment is approved for training at the highest levels, including the Olympic Games and World Championships, and designed for elite training environments and Olympic training centers.

### Precision Grip

1.2 Training knurling balances grip and comfort for higher-volume training. Ultra-thin DN3 Chrome™ protective finish preserves knurling sharpness over time.

### Sensor-Ready

Quick-access end cap integrates seamlessly with Eleiko velocity sensors — enabling real-time performance feedback while preserving calibration and compliance.

### Precision Engineering

Eleiko Steel shaft built to IT6 tolerance ensures perfect straightness and concentricity. Exceeds IWF weight standards with +0.1% / -0.05% calibration.

### Engineered for Longevity

Fatigue-resistant sleeve design, Dual Lock system, and dustproof seal protect against moisture, chalk, and wear. Built for millions of drops and backed by a lifetime warranty.

## Specifications

**Unit of measurement**  
Sold individually

**Article code**  
3085913

**Length**  
2010 mm / 79.13 in.

**Weight**  
15 kg / 33.07 lbs

**Warranty**  
Limited Lifetime

**Certification**  
IWF

**Weight Tolerance**  
+15g, 7.5g

**Grip Diameter**  
25 mm / 0.98 in.

**Grip Markings**  
Weightlifting

**Knurling**  
1.2 Training

**Center Knurl**  
No

**Tensile Strength**  
236,000 PSI

**Surface Coating**  
DN3 Chrome™

**Rotation System**  
Bearing Construction

RAISE THE BAR



# ELEIKO