

# Eleiko Performance Bar

20 kg

- √ Center Knurl
- √ Sensor-Ready
- √ Needle Roller Bearings
- √ 1.0 Standard Knurling
- √ Dual Grip Markings

The barbell built for strength and conditioning and training versatility. This multi-purpose bar supports both Olympic and powerlifting movements; ideal for gyms and performance centers. Crafted in Sweden from Eleiko Steel for optimal flex and durability. Needle roller bearings with a hardened inner race ensure smooth, quiet rotation. Dual grip markings, mild center knurl, and sensor-ready design offer control and adaptability across training styles.

#### **Features**

## **Precision Engineering**

Proprietary Eleiko Steel shaft built to IT6 tolerances ensures perfect straightness and concentricity — for quieter lifts, smooth rotation, and a more connected feel under load.

### **Engineered for Longevity**

Fatigue-resistant sleeve design with sealed construction — including a dustproof seal and Dual Lock system — protects against moisture and debris. Built to endure millions of drops and backed by Eleiko's lifetime warranty.

## Secure, Comfortable Grip

1.0 Standard volcano-style knurling and a mild center knurl provide confident grip for high-rep training and safer squatting.

### **Sensor-Ready Architecture**

Quick-access end cap allows fast integration of Eleiko velocity sensors, enabling real-time feedback to optimise speed, load, and technique.

### Wide Flange Profile

Wider flanges — 40 mm (20 kg) and 30 mm (15 kg) — enhance fatigue resistance, extending bar life. They also provide extra clearance for smoother racking.

## **Specifications**

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Unit of measurement Sold individually

Warranty Limited Lifetime

Grip Markings
Dual

Surface Coating
DN3 Chrome™

Article code 3085911

Certification

Knurling 1.0 Standard

Rotation System
Bearing Construction

**Length** 2200 mm / 86.61 in.

**Weight Tolerance** ±250 g

Center Knurl Yes

Sensor-Ready Yes **Weight** 20 kg / 44.09 lbs

Grip Diameter 28 mm / 1.1 in.

Tensile Strength 236,000 PSI

