



# Eleiko Hybrid Bar

15 kg

- ✓ 1.0 standard knurling
- ✓ Dual grip markings
- ✓ Bushing and bearing combo

The barbell built for functional strength training. Crafted in Sweden from Eleiko Steel, the Hybrid Bar is built for high-volume use in functional fitness spaces — supporting Olympic lifts, powerlifting, and general strength training. The Optimal Rotation System™ combines needle bearings for fast rotation with bronze bushings for controlled stability, tailored for varied training demands. The 1.0 Standard knurl provides a secure grip without a center knurl, ideal for cleans and barbell cycling. Quiet, durable, and fatigue-resistant, this bar thrives in group training environments.

## Features

### Precision Engineering

Proprietary Eleiko Steel shaft with IT6 tolerance ensures perfect straightness and concentricity — for evenly applied knurling, reduced play, and a solid feel in hand.

### Secure, Comfortable Grip

1.0 Standard volcano-style knurling, without a center knurl, provides a secure grip ideal for higher volume lifting, cleans and barbell cycling.

### Wide Flange Profile

40 mm (20 kg) and 30 mm (15 kg) flanges improve fatigue resistance and increase rack clearance — reducing the risk of upright contact in busy training environments.

### Optimal Rotation System™

Hybrid sleeve design combines needle bearings for Olympic lifts with graphite-infused self-lubricating bronze bushings for stability in power movements — tailored performance for functional fitness.

### Engineered for Longevity

Fatigue-resistant sleeves with sealed construction, Dual Lock system, and dustproof seal protect against wear, moisture, and debris. Built for millions of drops. Backed by a lifetime warranty.

## Specifications

**Unit of measurement**  
Sold individually

**Article code**  
3085906

**Length**  
2010 mm / 79.13 in.

**Weight**  
15 kg / 33.07 lbs

**Warranty**  
Limited Lifetime

**Certification**  
N/A

**Weight tolerance**  
±225 g

**Grip diameter**  
25 mm / 0.98 in.

**Grip markings**  
Dual

**Knurling**  
1.0 Standard

**Center knurl**  
No

**Tensile strength**  
236,000 PSI

**Surface coating**  
DN3 Chrome™

**Rotation system**  
Dual Construction

