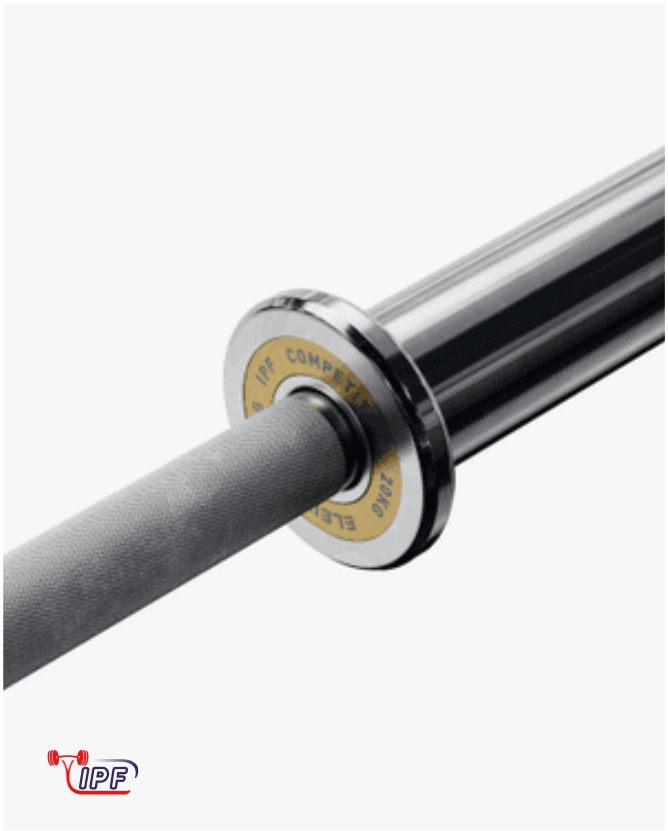


Eleiko IPF Powerlifting Competition Bar

20 kg

- ✓ IPF Certified
- ✓ Center knurl
- ✓ 29 mm diameter
- ✓ 1.5 power knurling
- ✓ Bare steel shaft

The barbell trusted by elite powerlifters worldwide. Built in Sweden from Eleiko Steel with 236,000 PSI tensile strength, the 29 mm diameter shaft stays rigid under max loads. Our Optimal Rotation System™ provides controlled rotation specifically engineered for powerlifting's demands.- Aggressive 1.5 Power Knurling applied to bare steel locks your grip through the heaviest deadlifts, bench presses, and squats. Gold-coloured accents mark this bar as IPF competition-certified equipment.

Features

IPF-Certified for Competition

Approved for powerlifting championships and sanctioned meets worldwide — built to exacting IPF specifications.

Bare Eleiko Steel™

Untreated Swedish steel offers exceptional grip and meets IPF regulations. A natural patina can develop over time — it's purely cosmetic and easily managed with regular brushing.

Engineered for Longevity

Fatigue-resistant sleeve design, Dual Lock system, and dustproof seal protect against moisture, chalk, and wear. Built to last and backed by Eleiko's lifetime warranty.

Narrow Flange Profile

12 mm flanges give more plate capacity and position plates closer to the center enhancing bar control during lifts.

Maximum Stability

29 mm Eleiko Steel shaft ensures minimal flex for precise control under heavy weight. 1.5 Power Knurling offers an aggressive, locked-in grip for your heaviest lifts.

Specifications

Unit of measurement
Sold individually

Article code
3085900

Length
2200 mm / 86.61 in.

Weight
20 kg / 44.09 lbs

Warranty
Limited Lifetime

Certification
IPF

Weight tolerance
+20g, -10g

Grip diameter
29 mm / 1.14 in.

Shaft coating
N/A

Grip markings
Powerlifting

Knurling
1.5 Power

Center knurl
Yes

Sleeve coating
DN3 Chrome™

Tensile strength
236,000 PSI

Rotation system
Bushing Construction

Sensor-ready
No

RAISE THE BAR

ELEIKO