

# Eleiko Neutral Grip Low Row Handle

- ✓ Made in Sweden
- ✓ 30 mm grip diameter
- ✓ 150 mm spacing between handles
- ✓ 130 mm handle length
- ✓ Signature Eleiko knurling

Designed and manufactured in Halmstad, Sweden, the Eleiko Neutral Grip Handle is comfortable, versatile, and suitable for various rowing exercises. The overall weight is kept down by utilising knurled aluminium handles with geometry and positioning that reduces stress on wrists and forearms, provides a natural range of motion for pulling movements and is appropriate for a broad group of lifters.



## Features

### User-Friendly Geometry

The design was developed with extensive testing and lifter feedback to find the optimal distance for a wide range of lifters, ensuring comfortable and effective positioning for pulling movements targeting muscles in the back.

### Durable construction

The eyelets are tig welded to ensure durability and longer-lasting performance at the attachment point while maintaining the clean and minimalist Eleiko design aesthetic. Handles are secured with a specialised lock washer that prevents the bolts from coming loose over time.

### Quality Materials

The handles are crafted from quality materials, including aluminium in the grips, abrasion resistant, chromed Hardox steel in the eyelet, and solid sheet metal in the handle body for lasting performance.

### Testing

User testing of the curved geometry helped determine most lifters' best distance and positioning. The solid sheet metal construction has undergone 100,000 cycle tests with the maximum load to verify its performance and longevity.

## Specifications

**Unit of measurement**  
Sold individually

**Article code**  
3085870

**Length**  
180 mm / 7.09 in.

**Width**  
119 mm / 4.69 in.

**Height**  
155 mm / 6.1 in.

**Weight**  
1,14 kg / 2.51 lbs

