

# Eleiko Hybrid Plyo Box



- ✓ Made in Sweden
- ✓ EPP foam saves shins
- ✓ 3 in 1 height plyo box

Position the plyo box at one of three heights — 20, 24 and 30 inches (51, 63 and 76 cm) — for versatile, dynamic plyometric training. Made in Sweden from recycled EPP foam, the construction cushions landings and minimises the risk of shin abrasions and pain from accidental slips while still being stable and sure underfoot. The durable construction makes the plyo box ideal for functional movements such as step-ups and box jumps, and it is an excellent tool for a strength training area or home gym. Any use of free weight equipment on top or sides of the box, can result in damage of the surface and do not fall under warranty.

## Features

### Versatile Training Equipment

Training tool for various plyometric and functional exercises such as step-ups and box jumps.

### Distinctive Details

The plyo box features an embossed Eleiko logo, easily legible height markings, and rounded edges that are inviting for the user.

### Stackable and Portable

Handles make it easy to move and store, and the light weight makes it more easily stackable to keep gyms organised.

### Different Heights

The plyo box accommodates three heights, 20 inches, 24 inches and 30 inches (51, 63 and 76 cm) and includes cut-out handles for easy manoeuvrability.

### Low Tipping Risk

Stay focused on training; the weight and stable design minimises box tipping hazards.

## Specifications

**Unit of measurement**  
Sold individually

**Height**  
650 mm / 25.59 in.

**Article code**  
3085773

**Weight**  
14 kg / 30.86 lbs

**Length**  
780 mm / 30.71 in.

**Warranty**  
1 year

**Width**  
530 mm / 20.87 in.

