

Eleiko Hybrid Plyo Box

- ✓ **Made in Sweden**
- ✓ **EPP foam saves shins**
- ✓ **3 in 1 height plyo box**

Position the plyo box at one of three heights — 20, 24 and 30 inches (51, 63 and 76 cm) — for versatile, dynamic plyometric training. Made in Sweden from recycled EPP foam, the construction cushions landings and minimises the risk of shin abrasions and pain from accidental slips while still being stable and sure underfoot. The durable construction makes the plyo box ideal for functional movements such as step-ups and box jumps, and it is an excellent tool for a strength training area or home gym. Any use of free weight equipment on top or sides of the box, can result in damage of the surface and do not fall under warranty.

Features

Versatile Training Equipment
Training tool for various plyometric and functional exercises such as step-ups and box jumps.

Distinctive details
The plyo box features an embossed Eleiko logo, easily legible height markings, and rounded edges that are inviting for the user.

Stackable and Portable
Handles make it easy to move and store, and the light weight makes it more easily stackable to keep gyms organised.

Different Heights
The plyo box accommodates three heights, 20 inches, 24 inches and 30 inches (51, 63 and 76 cm) and includes cut-out handles for easy manoeuvrability.

Low Tipping Risk
Stay focused on training; the weight and stable design minimises box tipping hazards.

Specifications

Unit of measurement
Sold individually

Article code
3085773

Length
780 mm / 30.71 in.

Width
530 mm / 20.87 in.

Height
650 mm / 25.59 in.

Weight
14 kg / 30.86 lbs

Warranty
1 year

RAISE THE BAR

ELEIKO