

# Eleiko Prestera Lever Arms

## Short (Pair) - Black



- ✓ Add training functionality and versatility
- ✓ Two lever arm lengths are available
- ✓ Lever arm weight kept low for easy operability
- ✓ Designed for the Prestera Strength System

Eleiko Lever Arms are designed for smooth, quick adjustments, making them perfect for any performance training or high-traffic facility accommodating a variety of users. The overall weight of the Lever Arms is 25% less compared to industry norms, with wheels at the base of the arm for improved adjustability and effortless use. The powder-coated handle offers a secure grip, while the chromed weights and rubber stopper protect your equipment and are quiet in use. Intelligent design and careful construction support optimal movement patterns in a neutral position, with the Lever Arms seamlessly integrating into our 70x70 Prestera System and attachment range.

## Features

### Improved Operability

Eleiko Lever Arms feature a gliding mechanism with construction to significantly reduce the overall weight, so they are more easily adjustable, with one-person operation, promoting a wider range of uses for all users.

### Two Lever Arm Lengths

There are two variants of the Prestera Lever Arms; use the 1.15 M arm with tall rack and rig configurations using the stainless steel uprights and 90 cm arm with the standard racks.

### Prestera System

Eleiko Lever Arms are compatible with the Prestera Strength System and can be used with other attachments to create a customized workout routine tailored to your needs.

### Exercise Versatility

Our Lever Arms are perfect for presses, pulls, and deadlifts — the most common exercises performed with plate-loaded machines — but also support everything from incline bench to rows, lunges, shrugs and more.

### Easily Adaptable

The movable neutral handle and weight pin can be stored elsewhere on the rack when the lever arms are not used to train with maximum comfort and safety in the lifting station.

## Specifications

**Article code**  
BD-1-370

**Length**  
900 mm / 35.43 in.

**Width**  
692 mm / 27.24 in.

**Height**  
262 mm / 10.31 in.

**Weight**  
40,8 kg / 89,95 lbs

**Warranty**  
6 months-10 years

