

# Eleiko Prestera Hip Thrust Pad

Black/PUR

Designed for the Prestera Range, the Hip Thrust Pad attaches between two uprights creating a safe, dedicated space for lifters to perform hip thrust and glute exercises. The attachment is easily placed between the uprights and securely fastened with two Eleiko Magnetic Pins.



## Features

### Easy to Use and Store

Simply hold the pad at desired heights and secure it with Eleiko Magnetic Pins. If storing the unit separately from the rack, the pins can be stored in the attachment. Alternatively, mount it out of the way between uprights.

### Quality Construction

Sturdy steel tubing with durable powder coat finish and polyurethane PUR pad is easy to clean and maintain.

### Training Variety

Appropriate for hip thrust exercises performed with barbells, bands, or other loads. It can also be used for elevated rear foot split squats and is sturdy enough for step-ups.

### Compatibility

Designed specifically for the Prestera System.

## Specifications

### Article code

BD-1-367

### Length

1291 mm / 50.83 in.

### Width

400 mm / 15.75 in.

### Height

168 mm / 6.61 in.

### Weight

13,7 kg / 30.2 lbs

### Warranty

6 months-10 years

