

# Eleiko IWF Weightlifting Training Weight Set

185 kg, women, RC

Eleiko's IWF Weightlifting Training Weight Set bundles a bar, plates, and collars certified for training for weightlifting competitions into a convenient set. The set includes an IWF Weightlifting Training Bar along with a set of Eleiko Weightlifting Training Plates ranging from 25 to 10 kg, a set of rubber coated Eleiko Weightlifting Training Change Plates ranging from 0.5 kg to 5 kg and a pair of Eleiko Competition Collars.



## Features

### Designed For

Training for competitive level weightlifting

### Certified

Certified by the IWF for training

### Conveniently Collected

Set packages training bar, plates and collars for convenience

## Specifications

### Article code

BD-1-459

### Weight

185 kg / 407.86 lbs

### Certification

IWF

RAISE THE BAR



# ELEIKO