

## **Eleiko IWF Weightlifting Training Weight Set**

185 kg, women, RC

Eleiko's IWF Weightlifting Training Weight Set bundles a bar, plates, and collars certified for training for weightlifting competitions into a convenient set. The set includes an IWF Weightlifting Training Bar along with a set of Eleiko Weightlifting Training Plates ranging from 25 to 10 kg, a set of rubber coated Eleiko Weightlifting Training Change Plates ranging from 0.5 kg to 5 kg and a pair of Elieko Competition Collars.

**Features** 

**Designed For** 

Training for competitive level weightlifting

**Conveniently Collected** 

Set packages training bar, plates and collars

for convenience

Specifications

Article code BD-1-459 **Weight** 185 kg / 407.86 lbs Certification IWF

Certified

Certified by the IWF for training



