

Eleiko IWF Weightlifting Training Weight Set

185 kg, women, RC

The Eleiko IWF Weightlifting Training Weight Set brings together certified components for competition-level training in one complete set. It includes an IWF Weightlifting Training Bar, Eleiko Weightlifting Training Plates from 25 to 10 kilograms, rubber-coated Training Change Plates from 0.5 to 5 kilograms, and a pair of Eleiko Competition Collars — built for serious lifters preparing for the platform.



Features

Designed For

Training for competitive level weightlifting

Certified

Certified by the IWF for training

Conveniently Collected

Set packages training bar, plates and collars for convenience

Specifications

Article code

BD-1-459

Weight

185 kg / 407.86 lbs

Certification

IWF

