

XF Set 328lbs, women

Black change plates + XF bumpers LBS

The Eleiko XF Bumper Set is a convenient way to get everything you need for multi-purpose strength and endurance training, especially if you anticipate doing a variety of lifts that include high volume workouts. The set includes the Eleiko XF Bar – your choice of 15 kg or 20kg – along with a set of XF bumpers ranging from 45 to 10 pounds, a set of black change plates and the Öppen collars.

Specifications

Article code
BD-1-547

Weight
83 kg / 182.98 lbs

