

## XF Set 339lbs, men

Black change plates + XF bumpers LBS

The Eleiko XF Bumper Set is a convenient way to get everything you need for multi-purpose strength and endurance training, especially if you anticipate doing a variety of lifts that include high volume workouts. The set includes the Eleiko XF Bar – your choice of 15 kg or 20kg – along with a set of XF bumpers ranging from 45 to 10 pounds, a set of black change plates and the Öppen collars.

**Specifications** 

Article code BD-1-548 **Weight** 83 kg / 182.98 lbs

