



# Eleiko XF Weight Set 88kg, men

- ✓ Functional Training Set
- ✓ XF Bars and Bumpers
- ✓ Öppen Collars

The Eleiko XF Bumper Set is a complete solution for versatile strength and functional fitness training. Designed to support high-volume sessions across a range of lifts, the set pairs the Eleiko Hybrid Bar — available in 15 kg or 20 kg — with XF Bumpers from 20 to 5 kilograms, black change plates, and Öppen Collars.

## Features

### XF Bars

Combine needle bearings and bronze bushings to ensure optimal spin for explosive Olympic movements without compromising performance in heavy powerlifts. It features our least aggressive 1.0 knurling offering control and comfort for higher volume training sessions.

### Eleiko Öppen Collars

User-friendly, open-sided collars improve lifting experience

### XF Bumpers

Compressed recycled crumb rubber bumpers are soft yet durable providing fantastic sound dampening and shock absorption.

### Change Plates

A minimalistic design with raised edges for easier handling and a snug, secure fit that takes less space on the sleeve.

## Specifications

**Article code**  
BD-1-523

**Weight**  
88 kg / 194.01 lbs