

Eleiko Loadable Dumbbell Set

40kg

- ✓ 28 mm Diameter
- ✓ Flexible Training Set
- ✓ Medium skarp, greb til høj præstation (1.0)

Eleiko loadable dumbbell set conveniently package everything needed to build a versatile, space-saving training tool. With a loadable dumbbell, weight can be easily adapted to suit training needs and adjusted in smaller increments so lifters can progress more naturally.

Funktioner

Sættet inkluderer

Two loadable dumbbells, four collars, and a range change plates to give you flexibility in finding the right training loads.

Muffekonstruktion

50 mm mufte med både bøsninger og lejer til glidende, kontrolleret rotation

Maksimumbelastning

Up to 40 kg / 88 lb per dumbbell, collar size can impact plate capacity.

Bygget efter stangspecifikationer

Built on the specs of our XF bars, the 28 mm shaft, tensile strength and 1.0 knurling

Standardvægte

Compatible with any plate designed for a standard barbell, smaller change plates 5 kg / 10 lb and under are recommended

Specifikationer

Artikelnummer

BD-1-489

Vægt

86 kg / 189.6 lbs

