

# **Eleiko Grip Plate Rubber**

15kg

- √ For Versatile Training
- ✓ Ergonomic Grip Holes
- √ Three Plate Sizes

Ideal for general strength training and use with plate loaded strength machines, Eleiko Grip Plates feature a solid iron core covered in rubber with symmetric, ergonomic grip holes for easier plate handling and loading.

### Produkt detaljer

### **Ergonomic Grip**

Integrated symmetric grip holes are comfortable for a wider range of users and allow for hand-held weighted strength movements.

# **Designed for Deadlifts**

The largest plate (20kg/45lb) is full-size and designed to handle deadlift drops, delivering a wider usage in a facility.

### Kompatibilitet

The grip plates are well suited for barbell training and with plate-loaded strength machines

#### **Durable Rubber**

Durable rubber coating withstands high volume usage and is gentle on surrounding equipment and platforms.

### **Three Sizes**

Moulded weight markings and varied plate diameters make each plate size easily identifiable. Available in kg and lb.

## **Spesifikasjoner**

**Måleenhet** Stykkvis 3085671-15

33 mm / 1.3 in.

15 kg / 33.07 lbs





