



Eleiko Weightlifting Training Plate

55 lbs

- ✓ Exceptional durability
- ✓ Patented ImpactDISC
- ✓ Aligned with IWF Training Plate specification

The lb version of the Eleiko Weightlifting Training Plate sets a new standard for performance and durability by utilizing our proprietary SBR rubber, precision-engineered zinc-plated steel hubs and a patented design that distributes impact force. The plates are thinner to support heavier lifts and designed with a rounded edge for easier handling.

Specifications

| | | | |
|---|---------------------------------------|-------------------------------------|------------------------------------|
| Unit of measurement Sold individually | Article code 3085663-55 | Length 450 mm / 17.72 in. | Width 450 mm / 17.72 in. |
| Height 58 mm / 2.28 in. | Weight 24.95 kg / 55.01 lbs | Warranty 10 years | |

