



# Eleiko Plate Mount Landmine

## Black

- ✓ Training variety and rotation
- ✓ Smooth bronze bushings
- ✓ Protect equipment

Add rotating and training variety to your program with our lightweight Plate Mount Landmine. Insert the landmine base into any standard weightlifting plate or bumper plate designed for a standard 50 mm barbell sleeve. The landmine construction provides smooth and quiet operation, and the bronze bushings enable a wide range of motion. A protective liner keeps the barbell sleeves from getting scratched, and a rubber bumper at the landmine base adds further protection.

## Features

### Universal Fit

It fits standard Olympic barbells with a 50 mm sleeve.

### Easy to Use

Simply slide the base of the plate mounted Landmine into the hub of any standard weight plate, insert the bar into the protected sleeve and explore a wide range of exercises.

### Protect Equipment

The inside has a UHMW insert and stainless bushing to avoid scratching or damaging the barbell sleeve during training.

### Durable Construction

Hard-wearing powder-coated steel, smooth bronze bushing, and the rubber ring at the base of the landmine ensure long-lasting performance and friction-free, quiet operation.

## Specifications

**Unit of measurement**  
Sold individually

**Article code**  
3085662-03

**Length**  
335 mm / 13.19 in.

**Width**  
81 mm / 3.19 in.

**Height**  
65 mm / 2.56 in.

**Weight**  
2,8 kg / 6.17 lbs

**Warranty**  
1-10 years

**Colour**  
Black

