

Eleiko Prestera Split Squat Pad

Black/PUR



- ✓ Unilateral Training
- ✓ Comfortable Secure Positioning
- ✓ Diseñado para Prestera

The Prestera Split Squat Pad offers comfortable support for various exercises, including single-leg squats and Bulgarian squats, to creative uses like stretching or working the posterior chain with Nordic curls.

Características

Posición segura

Two roller pads with sloped edges create a secure cradle for foot positioning.

Quick Installation

Easy to place and adjust, insert pin and twist into position.

Variedad de ejercicio

Primarily designed for rear foot elevated split squats but could also be placed at ankle or hip height to support hyper extensions and sissy squats.

Polyurethane Pad

Comfortable roller pads are easy to maintain and clean.

Compatibilidad

Diseñado específicamente para la serie Prestera.

Especificaciones

Código de artículo

BD-1-381

Longitud

554 mm / 21.81 in.

Ancho

150 mm / 5.91 in.

Altura

150 mm / 5.91 in.

Peso

4 kg / 8.82 lbs

Garantía

6 meses -10 años

