

# **Eleiko Prestera Battle Rope Attachment**

#### Black

- √ Designed for Prestera
- √ Rope Anchor
- √ Position on uprights

Use the Prestera Battle Rope Attachment at a low position for upper body rope training and conditioning. It can be positioned at any height for use with rubber bands or suspension trainers to support mobility and resistance work.

#### **Features**

## **Rope Training**

Secure anchor for battle rope training with a smooth surface finish minimising rope wear and tear.

## **Upright Positioning**

It can be placed on any surface of the upright.

## **Training Variety**

The primary intent is for battle rope conditioning exercises. However, the attachment can also be used as an attachment point for rubber bands and suspension trainers within the strength training station.

## **Loop Size**

The loop measures 96 mm and can accommodate up to 50 mm ropes or a variety of bands.

#### Compatibility

Designed specifically for the Prestera System.

## **Specifications**

Unit of measurement
Sold individually

Article code 3085619-03

**Length** 185 mm / 7.28 in.

**Width** 96 mm / 3.78 in.

Height 60 mm / 2.36 in. **Weight** 1,5 kg / 3.31 lbs

Warranty 10 years





