

# Eleiko IPF Powerlifting Training Bar

20 kg

- ✓ IPF competition specs
- ✓ Corrosion resistant
- ✓ Sensor ready sleeves

The Eleiko IPF Powerlifting Training Bar is made for training the powerlifting competition lifts — specifically the squat, bench press and deadlift. The 29 mm stainless steel bar grip is uncoated like an IPF Competition Bar, so the grip is exceptionally secure but corrosion resistant as it's made from stainless steel. The chromed sleeves feature a patented design to house Enode sensors, the first training bar to integrate technology into the bar sleeve.



## Features

### IPF Specifications

While not competition certified, the IPF Training Bar is built to meet competition specifications so training transfer to the competition stage.

### Long-lasting performance

The bar features robust self-lubricating, graphite infused bronze bushings enhancing performance and longevity while controlling rotation.

### Sensor Ready Sleeves

Install Enode sensors to optimize performance with velocity-based training information. The bar maintains calibrated weight with sensors installed.

### Designed for performance

The narrow flange keeps the centre of mass tighter and lets you load more on the bar.

## Specifications

**Unit of measurement**  
Sold individually

**Article code**  
3085606

**Length**  
2200 mm / 86.61 in.

**Weight**  
20 kg / 44.09 lbs

**Warranty**  
12 years

**Grip surface**  
Stainless Steel

**Sleeve surface**  
Chrome

**Bearings and bushings**  
Graphite-infused bronze bushings

**Grip markings**  
Powerlifting

**Knurling**  
1.5 - Aggressive

**Dustproof seal**  
Yes

**Sleeve diameter**  
50 mm / 1.97 in.

**Loadable sleeve length**  
433 mm / 17.05 in.

**Flange width**  
12 mm / 0.47 in.

**Sensor-ready**  
Yes

RAISE THE BAR



**ELEIKO**