



# Eleiko IWF Weightlifting Training Plate

20 kg

- ✓ Exceptional durability
- ✓ Patented ImpactDISC
- ✓ IWF Certified for Training

Eleiko IWF Training Plates set a new standard for performance and durability utilizing our proprietary SBR rubber, a new patented design that distributes impact force, and precision-engineered zinc-plated steel hubs. The plates are thinner to support heavier lifts and designed with a rounded edge for easier handling.

## Produkt detaljer

### IWF Certified

Approved by the International Weightlifting Federation for training, verified by IWF logo.

### Record Setting Lifts

Redesigned with a thinner profile to support athletes with record setting lifts.

### Unmatched Durability

The new patented design and construction drastically improves plate longevity.

### Easier to Handle

A bigger edge radius makes it easier to pick up the plate from the platform or floor and the grooved rim supports a firm grip for better handling.

## Spesifikasjoner

**Måleenhet**  
Stykkvis

3085440-20

450 mm / 17.72 in.

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50 mm / 1.97 in.

20 kg / 44.09 lbs

