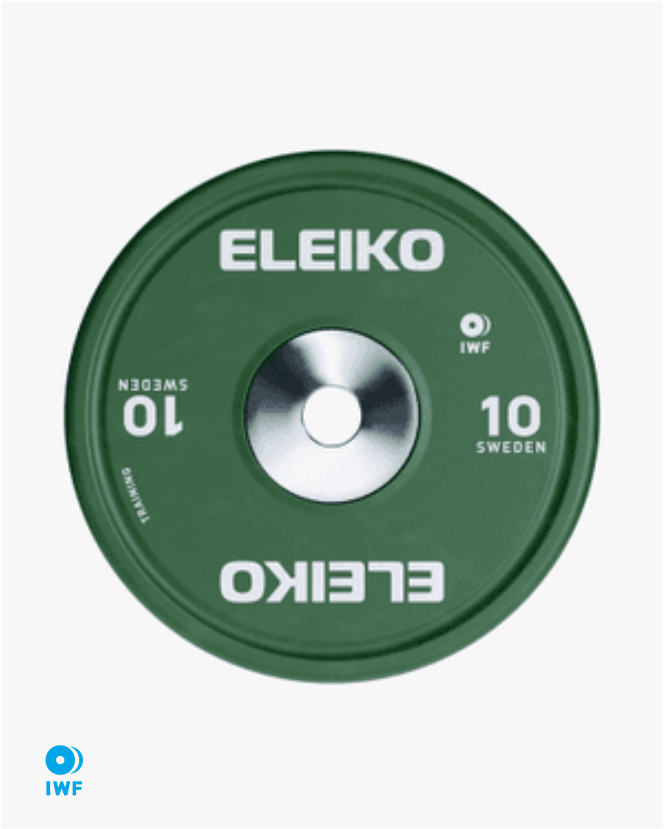



# Eleiko IWF Weightlifting Training Plate

10 kg

- ✓ **Exceptional durability**
- ✓ **Patented ImpactDISC**
- ✓ **IWF certified for training**

Eleiko IWF Training Plates set a new standard for performance and durability utilizing our proprietary SBR rubber, a new patented design that distributes impact force, and precision-engineered zinced steel hubs. The plates are thinner to support heavier lifts and designed with a rounded edge for easier handling.

## Features

### IWF Certified
Approved by the International Weightlifting Federation for training, verified by IWF logo.

### Record Setting Lifts
Redesigned with a thinner profile to support athletes with record setting lifts.

### Unmatched Durability
The new patented design and construction drastically improves plate longevity.

### Easier to Handle
A bigger edge radius makes it easier to pick up the plate from the platform or floor and the grooved rim supports a firm grip for better handling.

## Specifications

**Unit of measurement**
Sold individually

**Article code**
3085440-10

**Length**
450 mm / 17.72 in.

**Width**
450 mm / 17.72 in.

**Height**
35 mm / 1.38 in.

**Weight**
10 kg / 22.05 lbs

**Warranty**
10 years

**Diameter**
450 mm / 17.72 in.

**Certification**
IWF

RAISE THE BAR

ELEIKO