



# Eleiko IWF Weightlifting Training Plate

10 kg

- ✓ Exceptional durability
- ✓ Patented ImpactDISC
- ✓ IWF Certified for Training

Eleiko IWF Training Plates set a new standard for performance and durability utilizing our proprietary SBR rubber, a new patented design that distributes impact force, and precision-engineered zinc-plated steel hubs. The plates are thinner to support heavier lifts and designed with a rounded edge for easier handling.

## Funktioner

### IWF Certified

Approved by the International Weightlifting Federation for training, verified by IWF logo.

### Record Setting Lifts

Redesigned with a thinner profile to support athletes with record setting lifts.

### Unmatched Durability

The new patented design and construction drastically improves plate longevity.

### Easier to Handle

A bigger edge radius makes it easier to pick up the plate from the platform or floor and the grooved rim supports a firm grip for better handling.

## Specifikationer

### Måleenhed

Stykvis

### Artikelnummer

3085440-10

### Længde

450 mm / 17.72 in.

### Bredde

450 mm / 17.72 in.

### Højde

35 mm / 1.38 in.

### Vægt

10 kg / 22.05 lbs

### Garanti

10 år

### Diameter

450 mm / 17.72 in.

### Certificering

IWF

