



# Eleiko Bar Sensor Kit

- ✓ Barbell Sensor Kit
- ✓ Velocity Based Training Data
- ✓ Seamless Sleeve Integration

Eleiko, together with our partner Enode, created the Bar Sensor Kit for use with the sensor-compatible bars in the Eleiko barbell portfolio (Eleiko IPF Powerlifting Training Bar and Eleiko WPPPO Competition Bar). A first-of-its-kind, sensors are integrated into each of the bar sleeves to give athletes accurate quantitative and qualitative analysis — without the distraction of external measuring devices — that offers a new perspective on strength training, helping to ensure maximum performance without overtraining. Any WPPPO bar stamped with a serial number date after 200921 is sensor compatible.

## Features

### Inventive Design

Bars retain precise calibration with or without sensors installed, so you can train as you compete.

### Versatile Tool

Use the sensors in home, commercial or athletic training settings.

### Readiness and Execution Evaluation

Get suggestions on loads, readiness and detailed lift execution analysis with synchronized barbell trajectory, velocity graphs, and lift video.

### Powered by Enode

Download the Enode app and connect sensors for detailed lift analysis.

### Detailed Lift Analysis

Sensors track 16 metrics; you can tailor app dashboards to your analysis needs.

## Specifications

**Unit of measurement**  
Sold individually

**Height**  
74 mm / 2.91 in.

**Article code**  
3085286

**Weight**  
0,7 kg / 1.54 lbs

**Length**  
210 mm / 8.27 in.

**Width**  
175 mm / 6.89 in.

