

# Eleiko IWF Change Plate

0.5 kg RC

- ✓ Calibrated to -0/+10g
- ✓ Calibrated for competition
- ✓ IWF certified

For those times when smaller weight changes make all the difference, the Eleiko IWF Change Plates are certified and calibrated for record setting lifts. Durable rubber coated plates come in the Olympic colour scheme with a lipped edge for secure easy handling and a nesting design that takes up less space on the bar.



## Features

### IWF Certified

Plates are certified by the IWF for competition for smaller weight adjustments.

### Minimalistic Design

Colour coded for easy weight identification and minimised loading errors. Clear weight markings in bold white lettering. Plates can be customized with a decal.

### Nestable and Compact

Each plate size nests within the one above it for a snug and secure fit that takes up less space on the barbell sleeve.

### Lasting Performance

Solid steel core coated in durable rubber delivers long lasting performance.

### Customization

Plates have a smooth surface that can be tailored with custom decals for competitions or to highlight facility or team branding.

## Specifications

**Unit of measurement**  
Sold individually

**Article code**  
3085260-0005

**Length**  
127 mm / 5 in.

**Width**  
16 mm / 0.63 in.

**Height**  
16 mm / 0.63 in.

**Weight**  
0,5 kg / 1.1 lbs

**Warranty**  
5 years

**Diameter**  
127 mm / 5 in.

**Certification**  
IWF

