



# Eleiko Rack Bar

20 kg

Designed for the unique requirements of strength rooms and free weight areas where bars are used with benches and racks to meet a variety of training needs. High-quality Swedish steel and 29 mm diameter give the bar optimal stiffness and a superb feeling of stability during lifts. The knurling is balanced to deliver comfort and control, appropriate for a wider audience of lifters and strategically eliminated where the bar meets the rack or j-cups protecting equipment from damage.

## Features

### Designed For

Mixed use free weight environments

### Grip Markings

Bar features markings for powerlifting.

### Sturdy and Stiff

29 mm diameter is ideal for powerlifting movements

### Knurling

Balanced for both control and comfort

### Strategic Knurl Placement

No knurling where bar meets racks and j-cups to protect equipment

## Specifications

### Unit of measurement

Sold individually

### Warranty

12 years

### Bearings and Bushings

Graphite Bushing

### Dustproof Seal

Yes

### Article code

3085246

### Certification

None

### Grip Marking

Powerlifting

### Sleeve Diameter

50 mm / 1.97 in.

### Length

2200 mm / 86.61 in.

### Grip Surface

Chrome

### Loadable Sleeve Length

415 mm / 16.34 in.

### Flange Width

30 mm / 1.18 in.

### Weight

20 kg / 44.09 lbs

### Sleeve Surface

Chrome

### Knurling

1.2 - Balanced

### Sensor ready sleeves

No

