

# Eleiko Plate Dumbbell 65 kg

Eleiko Plate Dumbbells improve the lifting experience with a sloped dumbbell head that is more comfortable on the wrists and forearms and when resting dumbbells on the thighs. The smooth handle rotation places less stress on the joints in training. Smart modular construction allows facilities to tailor their dumbbells with a broader range of available weights.

#### **Features**

#### **Designed For**

Eleiko Plate Dumbbells are great for upper body functional strength and conditioning, especially unilateral exercises.

## **Robust Design**

Durable rubber surface texture minimises signs of wear and tear, which is optimal for high-volume usage settings and keeps dumbbells in excellent condition.

#### **Weight Range**

The Plate Dumbbells are available in kilos ranging from 10 to 100 kg, and increase in 2,5 kg increments up to 60 kg and 5 kg increments from 60 to 100 kg.

## **Clear Identification**

Easily legible laser-etched stainless steel end caps show weight indications. Dumbbell heads feature an embossed Eleiko logo.

## **Specifications**

Unit of Article code measurement 3085233-0650 Sold individually

Warranty **Grip Diameter** 2 years 35 mm / 1.38 in.

Handle **Weight Tolerance** Rotating +/- 1%

Length 483 mm / 19.02 in.

**Grip Length** 

**Head Diameter** 130 mm / 5.12 in. 210 mm / 8.27 in.

Weight

65 kg / 143.3 lbs

