

# Eleiko Plate Dumbbell 40 kg

Eleiko Plate Dumbbells improve the lifting experience with a sloped dumbbell head that is more comfortable on the wrists and forearms and when resting dumbbells on the thighs. The smooth handle rotation places less stress on the joints in training. Smart modular construction allows facilities to tailor their dumbbells with a broader range of available weights.

#### **Features**

# **Designed For**

Eleiko Plate Dumbbells are great for upper body functional strength and conditioning, especially unilateral exercises.

### **Robust Design**

Warranty

2 years

Handle

Rotating

Durable rubber surface texture minimises signs of wear and tear, which is optimal for high-volume usage settings and keeps dumbbells in excellent condition.

# Weight Range

The Plate Dumbbells are available in kilos ranging from 10 to 100 kg, and increase in 2,5 kg increments up to 60 kg and 5 kg increments from 60 to 100 kg.

### **Clear Identification**

Easily legible laser-etched stainless steel end caps show weight indications. Dumbbell heads feature an embossed Eleiko logo.

#### **Specifications**

Unit of Article code measurement 3085233-0400 Sold individually

Grip Diameter 35 mm / 1.38 in.

Weight Tolerance

Grip Length 130 mm / 5.12 in.

362 mm / 14.25 in.

Length

**Weight** 40 kg / 88.18 lbs

Head Diameter 210 mm / 8.27 in.



