

# Eleiko IWF Weightlifting Competition Plate

20 kg

- ✓ IWF Competition Certified
- ✓ Exceptional durability
- ✓ Patented ImpactDISC

Eleiko IWF Competition Plates set a new standard for performance and durability utilizing our proprietary SBR rubber, a new patented design which distributes impact force, and precision engineered zinc-plated steel hubs. The plates are thinner to support heavier lifts and designed with a rounded edge for easier handling.



## Funktioner

### IWF Certified

Approved by the International Weightlifting Federation for competition use, verified by IWF logo.

### Record Setting Lifts

Redesigned with a thinner profile to support athletes with record setting lifts.

### Easier to Handle

A bigger edge radius makes it easier to pick up the plate from the platform or floor and the grooved rim supports a firm grip for better handling.

### Unmatched Durability

The new patented design and construction drastically improves plate longevity.

### Plate Specifications

The plates measure 450mm in diameter with a 50.5mm (+-0.05) centre hole for a precise and secure fit on the bar sleeve and are calibrated to IWF specifications.

## Specifikationer

### Måleenhed

Stykkvis

### Artikelnummer

3085231-20

### Længde

450 mm / 17.72 in.

### Bredde

450 mm / 17.72 in.

### Højde

50 mm / 1.97 in.

### Vægt

20 kg / 44.09 lbs

### Garanti

10 år

### Diameter

450 mm / 17.72 in.

### Certificering

IWF

