



Eleiko Öppen Deadlift Bar

Black

Eleiko's patented Öppen Deadlift Bar is designed for lifting ease, delivering a wide range of lifting and training possibilities to more people. In addition to its open design, unique features such as the integrated loading jack which raises the sleeves above the ground for easy loading and unloading of bumpers and plates set this bar apart. The open design and neutral handle position make deadlifting less technique intensive and easier to perform. The bar supports a variety of lunges and carries in addition to deadlifts. The rubber footed loading jack is also an upright storage solution, the bar easily moves between the upright storage and the horizontal lifting position.

Features

Designed for
Deadlifting with a central load and neutral hand position accessible for more lifters

Space Saving Design
Space efficient vertical bar storage allows facilities to optimize training spaces

Loading and Unloading
Our unique system allows bumper plates to be loaded without having to lift the bar.

Product Compatibility
Durable chromed sleeves are compatible with all Eleiko paltes, and the bar is appropriate for Eleiko platforms and racks

User friendly
Open design, loading system and grip markings make this bar approachable, easy to use and appropriate for more lifters

Specifications

Unit of measurement Sold individually	Article code 3085153-03	Length 1960 mm / 77.17 in.	Width 589 mm / 23.19 in.
Height 226 mm / 8.9 in.	Weight 25 kg / 55.12 lbs	Warranty 5 years	Knurling 1.2 - Balanced
Max training weight 500 kg / 1102.31 lbs	Loadable sleeve length 415 mm / 16.34 in.	Distance between handles (horizontal) 625 mm / 24.61 in.	Sensor-ready No
Handle diameter 28 mm / 1.1 in.			