

Eleiko Öppen Deadlift Bar

Black

Eleiko's patented Öppen Deadlift Bar is designed for lifting ease, delivering a wide range of lifting and training possibilities to more people. In addition to its open design, unique features such as the integrated loading jack which raises the sleeves above the ground for easy loading and unloading of bumpers and plates set this bar apart. The open design and neutral handle position make deadlifting less technique intensive and easier to perform. The bar supports a variety of lunges and carries in addition to deadlifts. The rubber footed loading jack is also an upright storage solution, the bar easily moves between the upright storage and the horizontal lifting position.

Features

Designed for
Deadlifting with a central load and neutral hand position accessible for more lifters

Space Saving Design
Space efficient vertical bar storage allows facilities to optimize training spaces

Loading and Unloading
Our unique system allows bumper plates to be loaded without having to lift the bar.

Product Compatibility
Durable chromed sleeves are compatible with all Eleiko paltes, and the bar is appropriate for Eleiko platforms and racks

User friendly
Open design, loading system and grip markings make this bar approachable, easy to use and appropriate for more lifters

Specifications

Unit of measurement
Sold individually

Article code
3085153-03

Length
1960 mm / 77.17 in.

Width
589 mm / 23.19 in.

Height
226 mm / 8.9 in.

Weight
25 kg / 55.12 lbs

Warranty
5 years

Knurling
1.2 - Balanced

Max training weight
500 kg / 1102,31 lbs

Loadable sleeve length
415 mm / 16.34 in.

Distance between handles (horizontal)
625 mm / 24.61 in.

Sensor-ready
No

Handle diameter
28 mm / 1.1 in.

RAISE THE BAR

ELEIKO